

# Epidemiological and clinical characteristics of patients with monkeypox in the GeoSentinel Network: a cross-sectional study



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## Summary

**Background** The early epidemiology of the 2022 monkeypox epidemic in non-endemic countries differs substantially from the epidemiology previously reported from endemic countries. We aimed to describe the epidemiological and clinical characteristics among individuals with confirmed cases of monkeypox infection.

**Methods** We descriptively analysed data for patients with confirmed monkeypox who were included in the GeoSentinel global clinical-care-based surveillance system between May 1 and July 1 2022, across 71 clinical sites in 29 countries. Data collected included demographics, travel history including mass gathering attendance, smallpox vaccination history, social history, sexual history, monkeypox exposure history, medical history, clinical presentation, physical examination, testing results, treatment, and outcomes. We did descriptive analyses of epidemiology and subanalyses of patients with and without HIV, patients with CD4 counts of less than 500 cells per mm<sup>3</sup> or 500 cells per mm<sup>3</sup> and higher, patients with one sexual partner or ten or more sexual partners, and patients with or without a previous smallpox vaccination.

**Findings** 226 cases were reported at 18 sites in 15 countries. Of 211 men for whom data were available, 208 (99%) were gay, bisexual, or men who have sex with men (MSM) with a median age of 37 years (range 18–68; IQR 32–43). Of 209 patients for whom HIV status was known, 92 (44%) men had HIV infection with a median CD4 count of 713 cells per mm<sup>3</sup> (range 36–1659; IQR 500–885). Of 219 patients for whom data were available, 216 (99%) reported sexual or close intimate contact in the 21 days before symptom onset; MSM reported a median of three partners (IQR 1–8). Of 195 patients for whom data were available, 78 (40%) reported close contact with someone who had confirmed monkeypox. Overall, 30 (13%) of 226 patients were admitted to hospital; 16 (53%) of whom had severe illness, defined as hospital admission for clinical care rather than infection control. No deaths were reported. Compared with patients without HIV, patients with HIV were more likely to have diarrhoea ( $p=0.002$ ), perianal rash or lesions ( $p=0.03$ ), and a higher rash burden (median rash burden score 9 [IQR 6–21] for patients with HIV vs median rash burden score 6 [IQR 3–14] for patients without HIV;  $p<0.0001$ ), but no differences were identified in the proportion of men who had severe illness by HIV status.

**Interpretation** Clinical manifestations of monkeypox infection differed by HIV status. Recommendations should be expanded to include pre-exposure monkeypox vaccination of groups at high risk of infection who plan to engage in sexual or close intimate contact.

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## Introduction

Human infection with monkeypox virus was first reported in the Democratic Republic of the Congo in 1970. The disease is now endemic in 11 African countries.<sup>1–4</sup> Two distinct clades, I and II, are known to cause disease, and clade II is associated with less severe disease.<sup>2,5</sup> The first monkeypox outbreak outside of Africa was reported in the USA in 2003 and was linked to contact with pet prairie dogs and other animals that were previously cohoused with infected small mammals imported from Ghana.<sup>5</sup>

Travel-associated cases from Nigeria, some with secondary transmission, were also reported from Israel, Singapore, the UK, and the USA between 2018 and 2021.<sup>6–11</sup>

On May 6, 2022, the first cases of the current multinational outbreak were reported in Europe<sup>12–15</sup> and subsequently other regions,<sup>16,17</sup> prompting the WHO to declare the epidemic a Public Health Emergency of International Concern in July, 2022.<sup>18</sup> Local transmission has been sustained after virus introduction through international travel.<sup>19</sup> In contrast with previous reports of

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## Research in context

### Evidence before this study

We searched PubMed for all articles related to monkeypox published between Jan 1, 1950, and August 3, 2022, using the search terms “monkeypox AND human”. Studies were included if they described clinical characteristics of human monkeypox cases. Studies were excluded if the transmission of all monkeypox cases in the report were animal-to-human transmission, with the exception of the US outbreak in 2013, which was notable due to its size and being the first outbreak outside Africa. Before the current monkeypox epidemic, only sporadic travel-associated monkeypox cases were reported, mostly among travellers who had been in Nigeria. Monkeypox virus transmission via sexual or close intimate contact has not been described before the 2022 epidemic, but was suspected to occur among cases in Nigeria, the UK, and Israel. There are few published reports about the epidemiology and clinical manifestations of patient cohorts with monkeypox in the context of the current multinational epidemic.

### Added value of this study

We used surveillance data available from the GeoSentinel Network, which were the first clinical sites to identify monkeypox cases in the current epidemic, to investigate the epidemiological and clinical characteristics and outcomes of patients with monkeypox. We provide further evidence that transmission in the 2022 epidemic is predominantly (although not exclusively) person-to-person through close, sexual, or close intimate contact among men who have sex with men (MSM). Some patients met sexual partners at mass gatherings, and these events might contribute to the amplification of monkeypox virus

monkeypox, most but not all cases in the current epidemic have thus far been among gay, bisexual, or other men who have sex with men (MSM).<sup>19</sup> Infection is predominantly transmitted person to person through close, intimate contact with someone who has monkeypox.<sup>1,19</sup> Monkeypox virus transmission by sexual contact is not a novel concept,<sup>8,20–22</sup> but the predominance of such transmission in this epidemic is notable.

In this study, using data from confirmed cases of monkeypox infection, we aimed to describe epidemiological characteristics, routes of transmission, clinical findings, treatment courses, and outcomes, with subanalyses stratified by HIV and smallpox vaccination status, for individuals with monkeypox.

## Methods

### Study design and participants

We did a cross-sectional study using data obtained from patients included in GeoSentinel, a collaboration between the US Centers for Disease Control and Prevention (CDC) and the International Society of Travel Medicine, which is a global clinical-care-based surveillance system that monitors infectious diseases and other adverse health

transmission. This cohort included a large proportion of patients with HIV. No differences were identified in the proportion of patients with HIV who required treatment, admission to hospital, or were documented to have severe illness when compared with patients without HIV, which is likely to be due to their high CD4 counts, although patients with HIV were more likely to have diarrhoea and perianal rash or lesions, and have a higher rash burden. Rashes on the face, palm, and soles of feet, and lesions at the same stage of development and of the same size were not characteristic of the patients in this cohort.

### Implications of all the available evidence

These data from GeoSentinel are notable for the predominance of sexual or close intimate contact as a mode of transmission, which was previously only suspected. Patients with HIV in this study were different from patients without HIV regarding clinical presentation, possibly due to deficient CD4 T-cell mediated immunity. Clinicians must maintain a high degree of suspicion for monkeypox and consider monkeypox when evaluating patients with rash and a history of sexual or close intimate contact. Health officials should consider working with organisations planning mass gathering events and community leaders to institute prevention measures, including advising attendees to not have sexual or close intimate contact with persons who have a rash and possibly expanding monkeypox vaccination recommendations to include pre-exposure monkeypox vaccination of groups at high risk of infection, such as MSM who plan to engage in sexual or close intimate contact. Framing monkeypox as an exclusively sexually transmitted infection is erroneous and potentially marginalising.

events that might impact international travellers and migrants. GeoSentinel comprises 71 clinical sites in 29 countries on six continents, where clinicians who specialise in travel and tropical medicine diagnose and treat patients and collect other relevant data. The protocol used by GeoSentinel for collection of surveillance data and the monkeypox questionnaire used have been reviewed by a human subjects advisor at CDC's National Center for Emerging and Zoonotic Infectious Diseases and was determined to be public health surveillance and not human subjects research. All sites had ethical clearance for the collection of GeoSentinel surveillance data at their institution, which includes these data. Additional ethics clearance was obtained by some sites (McGill University Health Centre, Montreal, QC, Canada; Karolinska University, Stockholm, Sweden; and Francisco J Muñiz Infectious Disease Hospital, Buenos Aires, Argentina) as required by their respective institutions. Informed consent was not required by any of the institutions.

### Procedures

Any cases of confirmed monkeypox infection clinically evaluated at GeoSentinel sites between May 1 and

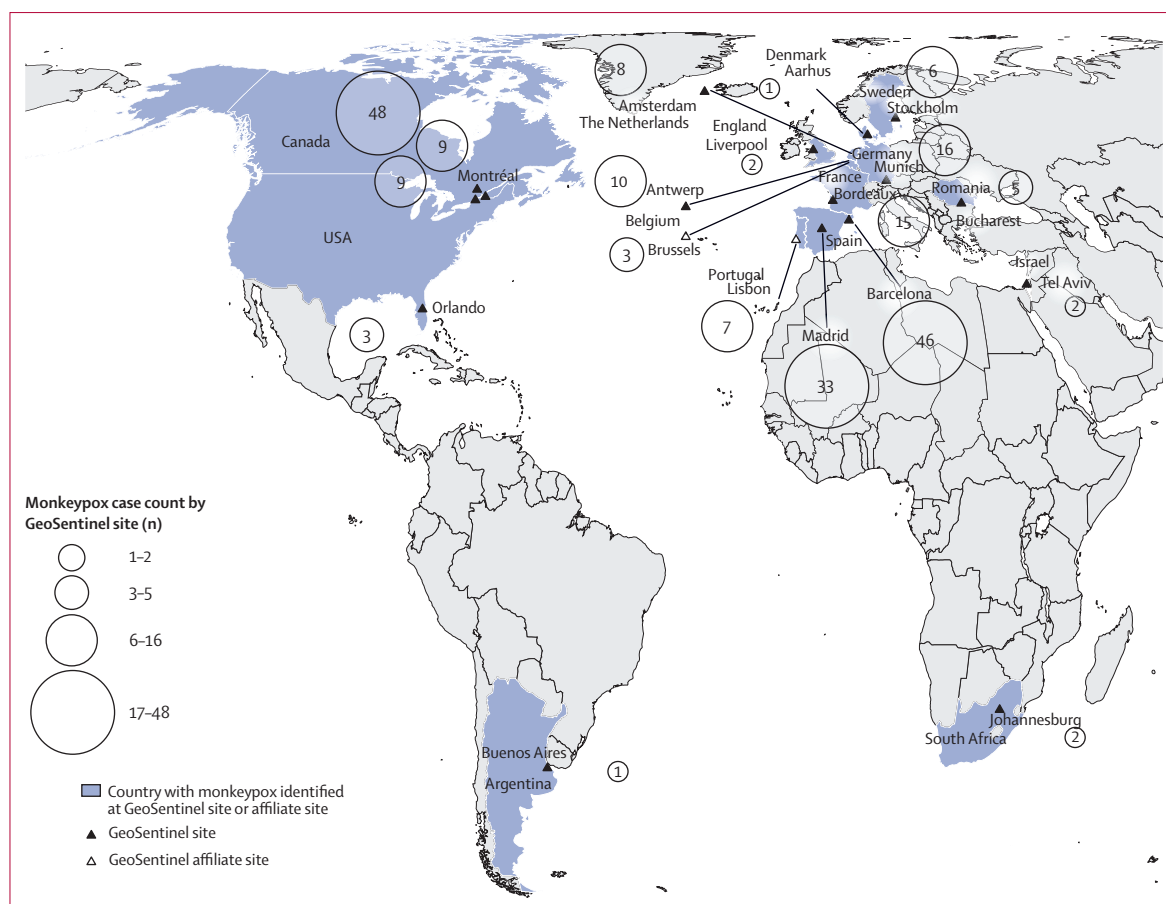


Figure 1: Map of countries where patients with confirmed monkeypox cases were reported at GeoSentinel sites, May 1–July 1, 2022 (n=226)

July 1, 2022 were eligible for inclusion. A supplemental data collection instrument for monkeypox-specific information was distributed to GeoSentinel sites and affiliates on May 22, 2022. In instances where the patient was seen before deployment of the questionnaire, patients were called via telephone to collect information not obtained during the initial patient examination. Some data for patients were missing, due to lack of patient willingness to respond or no documentation in the patient chart. Data collected included demographics, travel history including mass gathering attendance, smallpox vaccination history, social history, sexual history, monkeypox exposure history, medical history, clinical presentation, physical examination, testing results, treatment, and outcomes. For the physical exam, rash burden was indicated in an ordinal fashion (1 lesion, 2–10 lesions, 10–50 lesions, 50–100 lesions, >100 lesions); categories overlapped because the lesion count was estimated rather than counted.

A confirmed monkeypox case was defined as having a positive monkeypox virus PCR from skin lesions or serum, although additional specimens might have been collected and tested at the discretion of the treating clinician. MSM were defined as individuals who reported

male sex assigned at birth and had sexual contact with at least one male partner in the 21 days before symptom onset. Close intimate contact was defined as cuddling, kissing, mutual masturbation, or sharing sex toys. A mass gathering was defined as an aggregation of more than 1000 people. A fever was defined as a temperature higher than 38°C. Severe illness was defined as hospital admission for clinical care (not for purposes of isolation unrelated to direct medical care) and was determined at the treating clinician's discretion. Genital lesions were lesions located on the genitalia but not the anus (these were defined as perianal lesions). Samples were collected and cases managed according to the judgement of the individual clinicians.

#### Statistical analysis

Data were entered into a REDCap database (version 12.0.8) on a secured CDC server and analysed using R (version 4.1.1). The incubation period was estimated for patients with a known contact with a monkeypox case by calculating the time from the date of known contact to the date of symptom onset. The time to clinical presentation was estimated by counting days between symptom onset date and clinical visit

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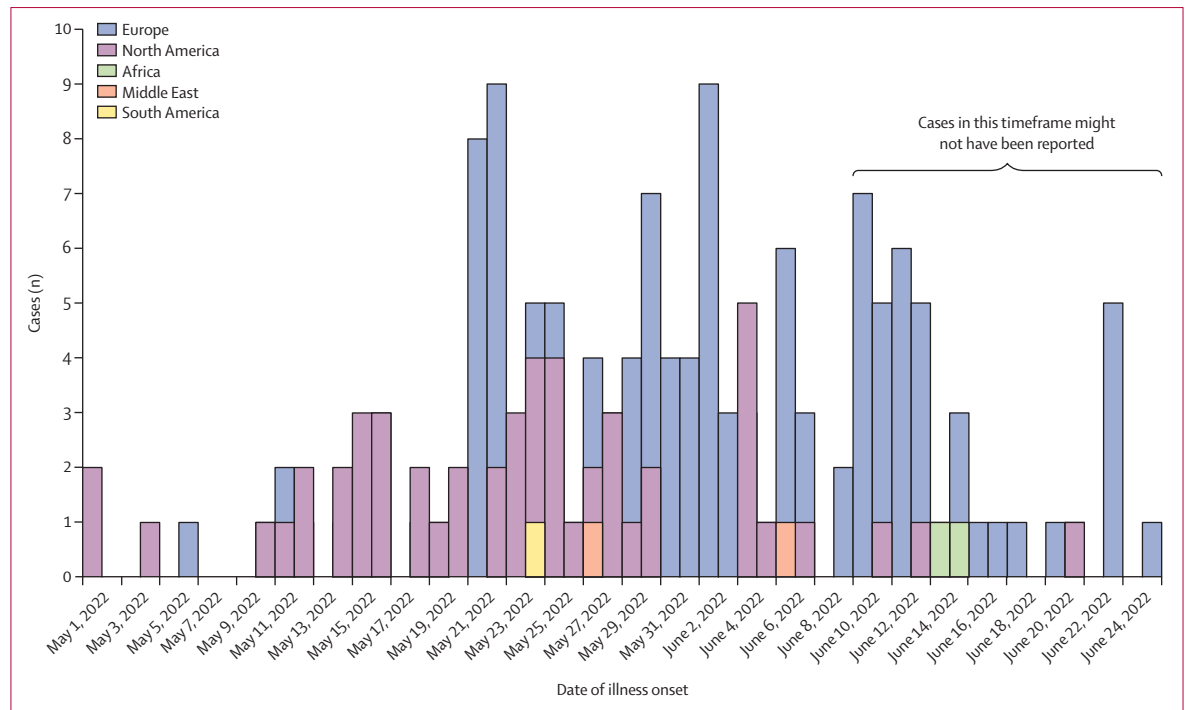


Figure 2: Number of confirmed monkeypox cases reported to GeoSentinel by date of illness onset, May 1–July 1, 2022 (n=189)

date. To estimate overall rash burden, a composite lesion score was developed by summing the midpoints of the ranges for each anatomical location. For univariate analyses, we used  $\chi^2$  (or Fishers exact tests when counts were  $<5$ ) with a p value of less than 0.05 considered to indicate a statistically significant difference, to evaluate whether the proportion of patients with various clinical manifestations and outcomes was similar among patients with and without HIV, patients with HIV with CD4 counts of less than 500 cells per  $\text{mm}^3$  or 500 cells per  $\text{mm}^3$  and higher, patients with one sexual partner or ten or more sexual partners, and patients with or without a previous smallpox vaccination. We used non-parametric Wilcoxon rank-sum tests to assess difference among quantitative variables after assessing their distribution of values. Multivariable logistic regression models were used to better understand the relationship between HIV status and certain outcome variables. Multi-collinearity was assessed using the Condition Index (values of  $>15$  indicate problems with multi-collinearity). Maximum likelihood  $\chi^2$  p values were evaluated for significance ( $\alpha=0.05$ ).

#### Role of the funding source

The study funder collaborated with coinvestigators to design the questionnaire, and were involved in data analysis, data interpretation, and writing of the manuscript. The study funder had no involvement in data collection.

## Results

Between May 1 and July 1, 2022, 226 completed unique patient records were collected at 18 GeoSentinel sites in 15 countries (figures 1, 2); most patients were from Spain (79 [35%] of 226 patients) and Canada (66 [29%] of 226 patients). The median age of patients was 37 years (range 18–68; IQR 32–43); all of whom were assigned male sex at birth (table 1). Sixteen (9%) of 182 patients for whom information was available had a history of smallpox vaccination; none were admitted to hospital for treatment of monkeypox. Of 209 patients with available data, 92 (44%) had HIV. Among patients with HIV, the median CD4 count was 713 cells per  $\text{mm}^3$  (range 36–1659; IQR 500–885); one patient had a CD4 count of less than 200 cells per  $\text{mm}^3$ . An additional four patients (2% of 209 patients) had an immunocompromising condition other than HIV. Of 83 patients for whom data on HIV RNA viral load was available, 76 (92%) had undetectable values. International travel in the 21 days before symptom onset was reported by 37 (18%) of 210 patients; median trip duration was 5 days (range 1–38; IQR 4–9). The most frequently reported travel destinations and reasons were European countries for tourism (30 [83%] of 36 trips).

Eight (5%) of 168 patients for whom data were available were health-care workers. All eight were MSM and four (50%) met sexual partners at a mass gathering (table 2); there was no evidence of nosocomial transmission. Of 219 patients with data available, 216 (99%) reported sexual or close intimate contact in the

21 days before illness onset. Of 161 patients with available information, 37 (23%) met their sexual partners at mass gatherings, including the Maspalomas Festival in Spain, and various other Pride-related festivities in Europe and the USA. Of 211 patients with available information on gender of sexual partners, 207 (98%) reported having had only male partners, three patients reported having had only female partners, and one reported having had both male and female partners during the 21 days before symptom onset. Among MSM with available data, the median number of male partners in the 21 days before illness onset was three (range 1–50; IQR 1–8). Among the four men who had female partners, the median number of female partners in the 21 days before illness onset was one (range 1–2; IQR 1–2). Among 156 patients with available information, the most frequently reported sexual activities included penile-anal sex (126 [81%]), oral-penile sex (119 [76%]), and oral-anal sex (76 [49%]). Few patients reported a sexual partner with a visible rash (12 [10%] of 119 individuals with information available). 78 patients had contact with a person with suspected or confirmed monkeypox; the median incubation period was 8 days (range 2–40; IQR 5–11) and contact was most commonly reported as sexual or close intimate contact (70 [99%] of 71 individuals with available information).

The most commonly reported first symptom of monkeypox infection was genital or perianal lesions (56 [30%] of 187 individuals with available information; table 3); 22 (39%) subsequently developed fever. Among all 226 patients, the most common self-reported signs and symptoms of monkeypox infection were rash or skin lesions on any part of the body (137 [61%]), fever (131 [58%]), and genital or perianal lesions (124 [55%]). Other common self-reported signs and symptoms included fatigue or malaise (93 [41%] of 226 individuals), enlarged lymph nodes (82 [36%]), sore throat (54 [24%]), and chills (50 [22%]). On physical exam, 31 (18%) of 170 patients had fever and 221 (99%) of 223 had rash or skin lesions. Of the two patients who did not have a rash or skin lesion on physical examination, one reported a previous rash that had resolved, and another had contact with a confirmed case and developed a rash after the initial physical exam. The most common location of rashes or skin lesions were the genitals (101 [46%] of 221 individuals), perianal region (60 [28%] of 218 individuals), trunk (57 [27%] of 215 individuals), arms (56 [26%] of 213 individuals), and face (51 [23%] of 222 individuals). There was no correlation between the anatomical site of exposure and location of the rash. The median number of anatomical sites with rash or skin lesion was 2 (range 1–9; IQR 1–3). The most frequent range of lesions at any anatomical location was 2–10. Three patients had 50–100 lesions observed in their perianal region. No patients had more than 100 lesions at any anatomical site. Among 207 patients with available information, the median composite rash score was 6 (IQR 6–18). Skin lesions were most often in the same stage of development (103 [58%] of 178 individuals

Patients (n=226)	
GeoSentinel site country	
Spain	79 (35%)
Canada	66 (29%)
Germany	16 (7%)
France	15 (7%)
Belgium	13 (6%)
Netherlands	8 (4%)
Portugal	7 (3%)
Sweden	6 (3%)
Romania	5 (2%)
USA	3 (1%)
Israel	2 (1%)
South Africa	2 (1%)
UK	2 (1%)
Denmark	1 (<1%)
Argentina	1 (<1%)
Median age, years (range; IQR)	37 (18–68; 32–43)
Assigned male sex at birth	226 (100%)
History of smallpox vaccine	
Yes	16/182 (9%)
No	166/182 (91%)
Immunocompromising conditions	
Yes*	96/209 (46%)†
No	113/209 (54%)
HIV*	92/209 (44%)
CD4 T-cell count	
Data available, n	75
Median, cells per mm <sup>3</sup> (range; IQR)	713 (36–1659; 500–885)
Undetectable HIV viral load	
Yes	76/83 (92%)
No	7/83 (8%)
International travel during the 21 days before illness onset	
Yes	37/210 (18%)
No	173/210 (82%)
Trip duration	
Data available, n	38
Median, days (range; IQR)	5 (1–38; 4–9)
Five most common travel destinations in previous 21 days before illness onset	
Spain	17/40 (43%)
Portugal	4/40 (10%)
Belgium	3/40 (8%)
Italy	3/40 (8%)
Germany	3/40 (8%)
Reason for travel	
Tourism	32/36 (89%)
Visiting friends or relatives	4/36 (11%)
Data are n (%) or n/N (%), unless otherwise specified. *Not mutually exclusive. †Other immunocompromising conditions in addition to HIV included diabetes (n=6), and Crohn's disease (n=1).	
<b>Table 1: Demographics, medical history, and travel information among confirmed monkeypox cases reported to GeoSentinel (May 1–July 1, 2022)</b>	

Patients (n=226)	
<b>Health-care worker*</b>	
Yes	8/168 (5%)
No	160/168 (95%)
<b>Lived in congregate setting</b>	
Yes	1/169 (1%)†
No	168/169 (99%)
<b>Touched any live animals in the 21 days before symptom onset</b>	
Yes	10/134 (8%)‡
No	124/134 (93%)
<b>Touched any dead animals in the 21 days before symptom onset</b>	
Yes	3 (2%)§
No	137 (98%)
<b>Engaged in sexual or close intimate contact in the 21 days before illness onset</b>	
Yes	216/219 (99%)
No	3/219 (1%)
<b>Met sexual partner(s) at a mass gathering</b>	
Yes	37/161 (23%)¶
No	124/161 (77%)
<b>Sexual or close intimate contact  </b>	
Men	208/211 (99%)
Women	4/163 (3%)
<b>Type of sexual or close intimate contact</b>	
Penile-anal	126/156 (81%)
Oral-penile	119/156 (76%)
Oral-anal	76/156 (49%)
Cuddling, with or without additional sexual intimacy	43/156 (28%)
Mutual masturbation	19/156 (12%)
Penile-vaginal	6/156 (4%)
Kissing, with or without additional sexual intimacy	5/156 (3%)
Sharing sex toys	4/156 (3%)
Fisting	2/156 (1%)
Oral-vaginal	1/156 (1%)
Other, unspecified	1/156 (1%)
<b>Anatomical site of exposure</b>	
Penis	138/157 (88%)
Pharynx (oral)	116/157 (8%)
Rectum (anal)	110/157 (70%)
Face	4/157 (3%)
Torso	1/157 (1%)
Other, unspecified	1/157 (1%)
<b>Sexual partner with visible rash</b>	
Yes	12/119 (10%)
No	107/119 (90%)
<b>Known close contact with a suspect or confirmed human monkeypox case</b>	
Yes	78/195 (40%)
No	117/195 (60%)
Median estimated incubation period, days (range; IQR)**	8 (2-40; 5-11)

(Table 2 continues in next column)

Patients (n=226)	
(Continued from previous column)	
<b>Type of contact††</b>	
Sexual or close intimate contact	70/71 (99%)
Household contact	8/71 (11%)
Face-to-face contact not in household	2/71 (3%)
Other††	3/71 (4%)
<b>Type of sexual or close intimate contact‡‡</b>	
Penile-anal	35/48 (73%)
Oral-penile	32/48 (67%)
Oral-anal	28/48 (58%)
Kissing, with or without additional sexual intimacy	16/48 (33%)
Cuddling, with or without additional sexual intimacy	15/48 (31%)
Mutual masturbation	5/48 (10%)
Sharing sex toys	2/48 (4%)
Fisting	2/48 (4%)
Nipple trauma	1/48 (2%)
Oral-vaginal	0
Penile-vaginal	0
<b>Anatomical site of exposure§§</b>	
Penis	39/46 (85%)
Pharynx (oral)	32/46 (70%)
Rectum (anal)	31/46 (67%)
Face	2/46 (4%)

Data are n/N (%), unless otherwise specified. \*Of 168 patients with information available, 100% were men who have sex with men; four (50%) met their sexual partners at a mass gathering. †The patient who lived in a congregate setting was in a homeless shelter. ‡All contact was with domesticated cats or dogs. §Exposures included butchering, handling, or cooking meat from wild animals (n=2) and eating animal products from a store (n=1). ¶Mass gatherings included Maspalomas Festival (Spain; n=22); Orlando Pride (USA; n=3); Darklands Festival (Belgium; n=3); Torremolinos Pride (Spain; n=2); New York City Pride (USA; n=2); Brussels Pride (Belgium; n=2); Chicago Pride (USA; n=1); Eurovision Song Contest (Italy; n=1); King Nights (Russia; n=1); and unspecified Pride events (n=2); some individuals attended more than one event. ||One patient had sexual or close intimate contact with both men and women; no patients reported sexual contact with transgender men; transgender women; genderqueer, gender non-binary, or gender-diverse persons; or persons with another or unknown gender identity. \*\*Of the 41 patients with information available and who had contact with a person with suspected or confirmed monkeypox. ††Of the 71 patients with information available and contact with a person with suspected or confirmed monkeypox; all patients with household contact also had sexual contact within their household; all patients with face-to-face contact outside their household all also had sexual contact within their household; three patients with other forms of contact reported being in a couple with a confirmed case. ‡‡Of 48 patients with information available and who had contact with a person with suspected or confirmed monkeypox. §§Of 46 patients with information available and who had contact with a person with suspected or confirmed monkeypox.

**Table 2: Exposure history among confirmed monkeypox cases reported to GeoSentinel (May 1–July 1, 2022)**

with available information), different sizes (92 [54%] of 172 individuals with available information), and well-circumscribed (124 [63%] of 197 individuals with available information). Of 219 patients with available information, lymphadenopathy was identified in 134 (61%), most frequently in the inguinal region (92 [70%] of 131 individuals). In addition to lesions or serum,

	Patients (n=226)	First symptom (n=187)*		Patients (n=226)	First symptom (n=187)*
<b>Signs and symptoms (patient-reported)</b>			(Continued from previous column)		
Rash or skin lesions anywhere on the body	137 (61%)	28 (15%)	<b>Lesions at same stage of development</b>		
Fever (subjective or measured)	131 (58%)	44 (24%)	Yes	103/178 (58%)	..
Genital or perianal lesions	124 (55%)	56 (30%)	No	75/178 (42%)	..
Fatigue or malaise	93 (41%)	18 (10%)	<b>Lesions of same size</b>		
Enlarged lymph nodes	82 (36%)	8 (4%)	Yes	80/172 (47%)	..
Sore throat (pharyngitis)	54 (24%)	10 (5%)	No	92/172 (54%)	..
Chills	50 (22%)	1 (1%)	<b>Appearance of lesions</b>		
Headache	35 (16%)	2 (1%)	Well-circumscribed	124/197 (63%)	..
Rectal pain	33 (15%)	4 (2%)	Umbilicated	112/197 (57%)	..
Muscle aches (myalgia)	32 (14%)	6 (3%)	Deep-seated and profound in the skin	68/197 (35%)	..
Sweats	20 (9%)	0	Other	76/197 (39%)	..
Itching (pruritis)	18 (8%)	4 (2%)	Lymphadenopathy		
Cough	16 (7%)	1 (1%)	Yes	134/219 (61%)	..
Diarrhoea	13 (6%)	1 (1%)	No	85/219 (39%)	..
Back pain	10 (4%)	1 (1%)	<b>Anatomic location of lesions</b>		
Urgency to defecate (tenesmus)	10 (4%)	1 (1%)	Inguinal	92/131 (70%)	..
Rectal bleeding	8 (4%)	0	Cervical	45/131 (34%)	..
Pus or blood in stool	6 (3%)	0	Submandibular	13/131 (10%)	..
Runny nose (rhinitis)	5 (2%)	0	Axillary	5/131 (4%)	..
Pain with urination (dysuria)	4 (2%)	1 (1%)	Other**	4/131 (3%)	..
Nausea	3 (1%)	0	<b>STI testing††</b>		
Oedema	2 (1%)	0	Any STI	29/193 (15%)	..
Red eyes (conjunctivitis or keratitis)	2 (1%)	1 (1%)	Gonorrhoea	9/193 (5%)	..
Abdominal pain	1 (1%)	0	Primary or secondary syphilis	5/193 (3%)	..
None	1 (1%)	0	Chlamydia	4/193 (2%)	..
Other‡	11 (5%)	5 (3%)	Herpes simplex virus infection	4/193 (2%)	..
<b>Physical examination</b>			Latent syphilis (early, late, or unknown)	3/193 (2%)	..
Documented fever			Lymphogranuloma venereum	1/193 (1%)	..
Yes	31/170 (18%)	..	Molluscum contagiosum	1/193 (1%)	..
No	139/170 (82%)	..	<i>Mycoplasma genitalium</i>	1/193 (1%)	..
Rash or skin lesions			Other syphilis (neurosyphilis, ocular syphilis, or otosyphilis)	1/193 (1%)	..
Yes	221/223 (99%)	..	Streptococcal urethritis	1/193 (1%)	..
No	2/223 (1%)‡	..	Chancroid	0	..
Composite rash score			HIV (new diagnosis)	0	..
Data available, n	207	..	Human papilloma virus infection	0	..
Median (range; IQR)	6 (1–165; 6–18)	..	Trichomoniasis	0	..
Anatomical location§			<b>Treatment</b>		
Genitals	101/221 (46%)	..	No known monkeypox treatment	200 (89%)	..
Perianal	60/218 (28%)	..	Cidofovir	14 (6%)‡‡	..
Trunk	57/215 (27%)	..	Tecovirimat	10 (4%)‡‡	..
Arms	56/213 (26%)	..	Vaccinia immune globulin	1 (1%)	..
Face	51/222 (23%)	..	Brincidofovir	0	..
Mouth, lips, or oral mucosa	43/221 (20%)	..	(Table 3 continues in next column)		
Palms of hands	25/224 (11%)	..			
Head	20/224 (9%)	..			
Soles of feet	9/225 (4%)	..			
Neck	7/224 (3%)	..			
Other¶	14/222 (6%)	..			

(Table 3 continues in next column)

specimens that were PCR-positive for monkeypox virus included the pharynx (n=37), serum (n=35), urine (n=7), rectum (n=3), saliva (n=1), and semen (n=1). Of 193 patients who were tested for sexually transmitted infections (STIs), 29 (15%) had concurrent infection, most

See Online for appendix

	Patients (n=226)	First symptom (n=187)*
(Continued from previous column)		
<b>Outcomes</b>		
Admitted to hospital at last contact		
Yes	30 (13%)	..
No	196 (87%)	..
Admission to intensive care unit		
Yes	0	..
No	30 (100%)	..
Reason for hospital admission		
Severe illness§§	16 (53%)	..
Need for isolation	10 (33%)	..
Other¶¶¶	4 (13%)	..
Deaths	0	..

Data are n (%) or n/N (%), unless otherwise specified. STI=sexually transmitted infection. \*More than one first symptom could be listed if they occurred simultaneously. †Included anal discharge (n=2), anal pain (n=2), arthralgia (n=2), dysphagia (n=2), groin pain (n=2), constipation (n=1), decreased urine output (n=1), foot dysesthesia (n=1), nasal congestion (n=1), and weight loss (n=1). ‡Of the two patients without rash or lesions on physical exam, one had a previous rash (resolved), and one was asymptomatic but had contact with a known case. §Most common range of lesions was 2–10 at all anatomical sites. ¶¶Included pubis (n=3), inguinal (n=3), lower extremities (n=2), hands (n=1), back (n=1), buttocks (n=1), fingers (n=1), forearms (n=1), and unspecified (n=1). ||Included descriptions such as papules, vesicles, ulcers, and necrosis. \*\*Included generalised (n=2), preauricular (n=1), and root of penis (n=1). ††One patient had two STIs (Chlamydia and herpes simplex virus infection). ‡‡One patient received both cidofovir and tecovirimat. §§Documentation for severe illness included severe pain (n=4), dysphagia (with or without airway compromise; n=3), need for surgical drainage of perianal abscess (n=1), and *Escherichia coli* sepsis with high fever with loss of consciousness (n=1). ¶¶¶Included supportive care (n=3) and medical curiosity (n=1).

**Table 3: Clinical presentation, physical examination, and clinical course among confirmed monkeypox cases reported to GeoSentinel (May 1–July 1, 2022)**

frequently gonorrhoea (nine [5%]) or primary or secondary syphilis (five [3%]); one patient had two STIs (Chlamydia and herpes simplex virus infection).

23 (10%) of 226 patients received monkeypox treatment, most frequently with cidofovir (14 [6%]) or tecovirimat (ten [4%]). 30 (13%) of 226 patients were admitted to hospital; none required intensive care. Reasons for hospital admission were severe disease (16 [53%] of 30 patients), including severe pain (n=4), dysphagia with airway compromise (n=3), need for surgical drainage of lesions (n=1), *Escherichia coli* sepsis with high fever and with loss of consciousness (n=1), and unspecified (n=7). Other reasons for hospital admission included supportive care and medical curiosity. Ten (33%) of 30 patients were admitted to hospital for infection control purposes only. No patients died.

Patients with HIV were more likely to have diarrhoea (p=0.002) or perianal rash or lesions (p=0.03) than patients without HIV (table 4). No differences were identified in the proportion of patients with HIV who

were treated, admitted to hospital, or had severe illness when compared with patients without HIV. Two (13%) of 16 patients with severe illness had HIV. Patients with HIV had a higher composite rash score (median 9 [IQR 6–21]) compared with patients without HIV (median 6 [IQR 3–14]; p<0.0001). Patients with HIV and CD4 counts of less than 500 cells per mm<sup>3</sup> had a higher composite rash score (median 12 [IQR 6–24]) than patients with CD4 counts of 500 cells per mm<sup>3</sup> or higher (median 7 [IQR 6–21]; p<0.0001). Patients with monkeypox who had one partner were more likely to report having a rash or skin lesion as a symptom than patients who had ten or more sexual partners in the 21 days before illness onset (p=0.04), but patients with one partner were not more likely to have a rash on clinical examination (appendix p 1). Multivariable logistic regression models identified no differences with regard to the proportion of patients with fever or admitted to hospital by HIV status.

### Discussion

Nearly all patients enrolled in this study were MSM; almost half were individuals with HIV, most of whom were virally suppressed and had CD4 counts of 500 cells per mm<sup>3</sup> or higher. All but three patients reported sexual or close intimate contact in the 21 days before symptom onset, and most reported multiple sexual partners, with a median of three partners. Fewer than 15% of patients required admission to hospital for medical care (severe illness). However, patients with HIV were more likely to have diarrhoea, perianal rash or lesions, and have a greater rash burden, but were not more likely to be treated or admitted to hospital than patients without HIV. Patients with CD4 counts lower than 500 cells per mm<sup>3</sup> had a greater rash burden than patients with CD4 T-cell counts of 500 cells per mm<sup>3</sup> or higher. Some patients met sexual partners at mass gatherings, possibly contributing to amplification of monkeypox virus transmission, and 16% had a concurrent STI. Patients most frequently presented with rash or skin lesions of various stages and sizes and almost two-thirds had lymphadenopathy, predominantly inguinal; fever was a common symptom, but almost two-thirds of individuals presented with rash.

This analysis had limitations. Not all individuals had a questionnaire initiated due to logistical issues. For individuals included in the analysis, information for some variables was not available for all patients because patients might have refused to answer or certain manifestations might not have been examined, tested, or recorded. Additionally, data were scarce with regard to where patients met sexual partners and in what circumstances exposures occurred, including if patients knew their partners had monkeypox at the time of sexual or intimate contact or learned about their partners' diagnoses afterward. No data were collected on subsequent follow-up or long-term outcomes.

These data from GeoSentinel are notable for the predominance of sexual or intimate contact as a mode of



transmission that was previously only suspected.<sup>8,21,22</sup> It remains unclear if fluids such as semen<sup>14,23</sup> and urine<sup>8</sup> can harbour viable monkeypox virus. Although transmission might occur directly from direct skin-to-skin contact with skin lesions, few patients reported having partners with an obvious rash. However, the monkeypox skin rash might be missed if lesions were in inconspicuous locations, such as the oral or anal mucosa.

Reports during the current epidemic suggest the mean incubation period is 8–9 days (95th percentile: 17 days).<sup>24</sup> Similarly, 75% of patients in this analysis had an incubation period of 11 days or less, with a median duration of 8 days. During the US outbreak in 2003, complex exposures (eg, invasive bite or scratch from an ill prairie dog) were associated with an incubation period of 9 days, suggesting that the route of infection might affect the incubation period.<sup>25</sup> One patient in our analysis had an estimated incubation period of 40 days, although this was based on self-report and should be interpreted with caution.

A high proportion of patients with HIV were included in our cohort. The presence of high HIV prevalence among some networks of MSM, behavioural aspects of patients with HIV that might increase the risk of STIs and monkeypox, or the nature of how cases are captured at GeoSentinel sites (which are travel and tropical medicine sites), might explain the high proportion. Since the median CD4 T-cell count among patients with HIV was high, the high proportion is unlikely to be due to increased monkeypox susceptibility from deficient T-cell-mediated immunity.

In this analysis, we identified differences between patients with HIV patients without HIV. Patients with HIV were more likely to have perianal rash or lesions, which might reflect a higher rate of receptive anal intercourse among people with HIV.<sup>26</sup> Patients with HIV had a higher rash burden than patients without HIV (especially among those with a CD4 count <500 cells per mm<sup>3</sup>). Previous studies suggest that deficient CD4 T-cell immunity might have an effect on disease severity,<sup>20</sup> with prolonged illness, larger lesions, a greater number (>100) of lesions, and higher rates of secondary bacterial infections.<sup>21</sup>

Some patients in this analysis reported attending mass gatherings. Close proximity and large numbers of people at mass gatherings might predispose to monkeypox virus transmission from direct contact with lesions, contaminated materials, sexual or close intimate contact, or respiratory droplets.<sup>19</sup> Public health officials should consider working with organisations planning mass gatherings and community leaders to institute prevention measures, including advising attendees to abstain from sexual or close intimate contact with people who have a rash to help curtail the spread of monkeypox.<sup>18</sup> Expansion of monkeypox vaccination recommendations<sup>27</sup> to include pre-exposure monkeypox vaccination of MSM who plan to engage in sexual or close intimate contact, including that associated with a mass gathering, are in concordance with WHO

	Patients without HIV (n=134)	Patients with HIV (n=92)	p value*
History of smallpox vaccination	9/92 (10%)	7/90 (8%)	0.87†
Signs and symptoms (patient reported)			
Rash or skin lesions anywhere on the body	79 (59%)	58 (63%)	0.54
Fever (subjective or measured)	75 (56%)	56 (61%)	0.46
Genital and/or perianal lesions	71 (53%)	53 (58%)	0.49
Fatigue (malaise)	57 (43%)	36 (39%)	0.61
Enlarged lymph nodes	49 (37%)	33 (36%)	0.91
Sore throat (pharyngitis)	27 (20%)	27 (29%)	0.11
Chills	25 (19%)	25 (27%)	0.13
Headache	20 (15%)	15 (16%)	0.78
Muscle aches (myalgia)	19 (14%)	13 (14%)	0.99
Rectal pain	18 (13%)	15 (16%)	0.55
Sweats	10 (8%)	10 (11%)	0.38
Cough	9 (7%)	7 (8%)	0.80
Itching (pruritis)	9 (7%)	9 (10%)	0.40
Back pain	4 (3%)	6 (7%)	0.32†
Pus or blood in stool	4 (3%)	2 (2%)	1†
Rectal bleeding	4 (3%)	4 (4%)	0.72†
Urgency to defecate (tenesmus)	4 (3%)	6 (7%)	0.32†
Pain with urination (dysuria)	3 (2%)	1 (1%)	0.65†
Runny nose (rhinitis)	3 (2%)	2 (2%)	1†
Diarrhoea	2 (2%)	11 (12%)	0.002
Oedema	2 (2%)	0	0.52†
Nausea	2 (2%)	1 (1%)	1†
Abdominal pain	1 (1%)	0	1†
Red eyes (conjunctivitis or keratitis)	1 (1%)	1 (1%)	1†
Eye lesions	0	0	..
Shortness of breath	0	0	..
Wheezing	0	0	..
Vomiting	0	0	..
None	0	1 (1%)	0.41†
Other‡	9 (7%)	2 (3%)	0.21†
Physical examination			
Documented fever	12/97 (12%)	19/73 (26%)	0.02
Rash or skin lesions	131/133 (98%)	88/90 (98%)	1†
Composite rash score (range; IQR)			
Data available, n	125	82	..
Median (range; IQR)	6 (1–100; 3–14)	9 (1–165; 6–21)	45356\$, p<0.0001†
Anatomical location of lesions			
Genitals	67/131 (51%)	34/90 (37%)	0.05
Arms	32/127 (25%)	24/86 (28%)	0.66
Trunk	31/129 (24%)	26/86 (30%)	0.31
Perianal	29/131 (22%)	31/87 (36%)	0.03
Face	27/131 (21%)	24/91 (26%)	0.32
Mouth, lips, or oral mucosa	22/132 (17%)	21/89 (24%)	0.20
Palms of hands	16/133 (12%)	9/91 (10%)	0.62
Head	9/133 (7%)	11/91 (12%)	0.17
Soles of feet	5/133 (4%)	4 (4%)	1†
Neck	3/133 (2%)	4/91 (4%)	0.45†
Other¶	7/133 (5%)	7/89 (8%)	0.43

(Table 4 continues on next page)

	Patients without HIV (n=134)	Patients with HIV (n=92)	p value*
(Continued from previous page)			
Same stage of lesion development	65/102 (64%)	38/76 (50%)	0.07
Same size lesions	48/96 (50%)	32/76 (42%)	0.30
Appearance of lesions			
Well-circumscribed	68/113 (60%)	56/84 (67%)	0.35
Umbilicated	60/113 (53%)	52/84 (62%)	0.22
Deep seated and profound in the skin	37/113 (33%)	31/84 (37%)	0.54
Other	48/113 (43%)	28/84 (33%)	0.19
Lymphadenopathy	80 (62%)	54/90 (60%)	0.76
Anatomical location			
Inguinal	54/77 (70%)	38/54 (70%)	0.98
Cervical	28/77 (36%)	17/54 (32%)	0.56
Submandibular	6/77 (8%)	7/54 (13%)	0.33
Axillary	4/77 (5%)	1/54 (2%)	0.65†
Other**	2/77 (3%)	2/54 (4%)	1†
Other STI	16/112 (14%)	14/81 (17%)	0.57†
Treatment			
Cidofovir	9/134 (7%)	5 (5%)	0.80†
Tecovirimat	4/134 (3%)	6 (7%)	0.32†
Vaccinia immune globulin	0	1 (1%)	0.41†
Brincidofovir	0	0	..
No known treatment	120 (90%)	80 (87%)	0.55
Outcomes			
Admitted to hospital	17 (13%)	13 (14%)	0.75
Reason for hospital admission			
Severe illness	10/17 (59%)	6/13 (46%)	0.49
Need for isolation	6/17 (35%)	4/13 (31%)	0.71†
Other††	1/17 (6%)	3/13 (2%)	0.61†
Outcome at last contact			
Alive and discharged	96/103 (93%)	73/75 (97%)	0.21
Alive and remain in hospital	7/103 (5%)	2/75 (2%)	0.31†
Deceased	0	0	..

STI=sexually transmitted infection. \* $\chi^2$  p-value, unless stated otherwise. †Fisher's exact test. ‡Included anal discharge (n=2), anal pain (n=2), arthralgia (n=2), dysphagia (n=2), groin pain (n=2), decreased urine output (n=1), foot dysesthesia (n=1), nasal congestion (n=1), and weight loss (n=1). §Wilcoxon test statistic. ¶Included pubis (n=3), inguinal (n=3), lower extremities (n=2), hands (n=1), back (n=1), buttocks (n=1), fingers (n=1), forearms (n=1), and unspecified (n=1). ||Included descriptions such as papules, vesicles, ulcers, and necrosis. \*\*Included generalised (n=2), preauricular (n=1), and root of penis (n=1). ††Included supportive care (n=3) and medical curiosity (n=1).

**Table 4: Comparison of clinical presentations, treatment, and outcomes among patients with confirmed monkeypox with HIV and without HIV reported to GeoSentinel (May 1-July 1, 2022)**

recommendations and can help limit person-to-person transmission.<sup>18</sup>

Clinicians should maintain a high degree of suspicion for monkeypox while the epidemic is ongoing.<sup>18,28</sup> Considering that fever and rash were the most common presenting symptoms in this cohort, monkeypox should be considered when evaluating patients with rash, and history of sexual or close intimate contact, even if fever is not present. However, the classic rash on the face, palm, and soles,<sup>1,2</sup> is not characteristic of the patients in this cohort, since genital lesions predominated. Also, more than half of patients had lesions in different stages of development or varying sizes, and more than 40% had

lesions at different stages of development, which is also not characteristic of the characteristic monkeypox rash.<sup>1</sup> Absence of fever on physical exam was observed in many patients and should not rule out monkeypox. Considering the variation in findings on physical exam, obtaining a thorough exposure history for patients with suspected monkeypox, including testing for concurrent STIs, is important. Framing monkeypox as solely a STI is erroneous and can be stigmatising to groups such as MSM, while creating a false sense of security among others who are at risk.

Future studies could include research that focuses on the quantification and viability testing of monkeypox virus in various body fluids, even among asymptomatic individuals. The role of deficient T-cell immunity, if any, on disease severity should also be investigated via immunological studies.

Although GeoSentinel sites identified the first monkeypox cases in the current epidemic, these data might not be representative of the larger epidemic because patients needed to present to a GeoSentinel site or associated clinic to be included. However, by the nature of GeoSentinel sites' clinical expertise in travel and tropical medicine, international travellers or patients who suspected their infection was monkeypox might have presented to a GeoSentinel site.

#### Contributors

KMA was involved in conceptualising the study, data curation, formal analysis, methodology, funding acquisition, project administration, resources, supervision, validation, formal analysis, methodology, resources, software, validation, visualisation, and writing, reviewing, and editing the manuscript. DC-F, LB-S, MDM, GS-N, SB, AD, KLBH, AC, EB, CG, MG, DMP, CPP, CM, CL, AdF, ES, MB, SL, CL, LB, HC, Ade, EF, SAF, HG, AG, MK, DM, AM, JM, DN, CR, PS, CT, and JVH were involved in data collection, resources, writing, and reviewing and editing the manuscript. HA was involved in conceptualising the study, data collection, data methodology, resources, and writing, reviewing, and editing the manuscript. SAJG was involved in conceptualising the study, data curation, formal analysis, methodology, resources, software, supervision, validation, visualisation, and writing, reviewing, and editing the manuscript. FW was involved in conceptualising the study, methodology, resources, and writing, reviewing, and editing the manuscript. RH, DHH, and PK were involved in conceptualising the study, methodology, funding acquisition, resources, visualisation, and writing, reviewing, and editing the manuscript. ML was involved in conceptualising the study investigation, methodology, funding acquisition, resources, supervision, visualisation, and writing, reviewing, and editing the manuscript. MG was involved with data visualization, and writing, reviewing, and editing the manuscript. LQ was involved in conceptualising the study, data curation, and writing, reviewing, and editing the manuscript. TS and SG directly assessed and verified data. All authors had full access to these data, read and approved the final version of the manuscript, and accept responsibility for publication.

#### Declaration of interests

HA reports an unpaid leadership role as a member of the executive board of the International Society of Travel Medicine (ISTM) as counsellor and is a member of the boards of the Swedish Society of Tropical Medicine and of the Swedish Society of Travel Medicine. MD-M has received speaker fees from Pfizer, Gilead, and MSD unrelated to this project. SF has received speaker fees for Pfizer and MSD and serves on the advisory boards for MSD, Pfizer, AstraZeneca, and Gilead. AG reports

grants from the The Netherlands Organisation for Health Research and Development for the COBRA-KAI study on COVID-19 vaccine immunogenicity in haematological patients; and has received fees for participation on the data safety monitoring board of the IDSCOVA-study on intradermal administration of COVID-19 vaccine. CG reports a grant from Gilead sciences in 2021 for a COVID-19 project; has received payment for meetings by AbbVie to develop hepatitis C educational materials for practitioners; and is also a member of the Committee to Advise on Travel and Topical Medicine. DH receives salary support from funding for GeoSentinel (1 U01CK000632-01-00) from the CDC's Division of Global Migration and Quarantine, and he is also on the advisory board and collects speaking fees from Bavarian Nordic. RH and ML (principal investigator for GeoSentinel) receive salary support via the cooperative agreement between ISTM and the CDC for GeoSentinel (1 U01CK000632-01-00). MK reports consulting fees and institution grants from ViiV Healthcare, AbbVie, and Gilead for other unrelated projects. PK is vice president of the GeoSentinel Foundation (non-paid; voluntary). CP has received speaker fees from MSD and Pfizer; and is president of the Romanian Society for Travel Medicine and Infectious Diseases (unpaid). ES is a member of the executive board of the Asia-Pacific Travel Health Society; and is president of the Israeli Society of Parasitology and Tropical Medicine. JV reports travel expenses from the Flemish Research Foundation for participation in an international conference unrelated to this manuscript. All other authors declare no competing interests.

#### Data sharing

Data collected for this analysis will not be made available to third parties due to the sensitive nature and data ownership rules with CDC and ISTM.

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