

Upper Gastrointestinal Cancers and the Role of Genetic Testing



Emily C. Harrold, MB BCH, BAO, MRCP^{a,b}, Zsafia K. Stadler, MD^{a,*}

KEYWORDS

- Germline pathogenic variants • Upper gastrointestinal cancer • Gastric cancer
- Pancreatic cancer • Esophageal cancer • Genetic testing

KEY POINTS

- There are currently well-defined criteria for germline genetic testing in the setting of gastric and pancreatic cancer whereas these criteria are in evolution for esophageal and esophagogastric junction tumors beyond a limited number of well-defined genetic syndromes.
- Identification of novel associations is likely with expansion of access to germline genetic testing and the use of multi-gene panel testing.
- Germline variants in the homologous recombination deficiency (HRD) genes (*BRCA1/2*, *ATM*, *PALB2*) are increasingly being identified across a broad spectrum of tumor types beyond breast and ovarian cancer with potential therapeutic implications.
- Somatic-germline integration will be critical to determine relative causality of a particular germline pathogenic variant (gPV) to upper gastrointestinal carcinogenesis.

UPPER GASTROINTESTINAL CANCERS AND THE ROLE OF GENETIC TESTING

Evaluating the contribution of germline pathogenic variants (gPV) to the risk of any cancer is critical both for the appropriate estimation of lifetime cancer risks and potential preventative interventions but also increasingly due to potential therapeutic actionability.¹ Herein the authors will address the historical model of genetic testing and reflect on the limitations of this model,² define the most common high-risk genetic predisposition syndromes implicated in upper gastrointestinal carcinogenesis, and describe how germline genetic testing should be considered integral to the delivery of high-quality oncological care to both patients and their at-risk relatives.

The classic models of genetic testing for cancer are historically predicated on 3 basic factors: patient age at diagnosis with early-onset cancer conventionally being

^a Department of Medicine, Memorial Sloan Kettering Cancer Center, New York, NY, USA;

^b Department of Medical Oncology, Mater Misericordiae University Hospital, Dublin, Ireland

* Corresponding author.

E-mail address: stadlerz@mskcc.org

Twitter: [@EmilyHarrold6](https://twitter.com/EmilyHarrold6) (E.C.H.); [@StadlerZsafia](https://twitter.com/StadlerZsafia) (Z.K.S.)

defined as cancer between 18 to 49 years, rarity of tumor type, and/or family cancer history. The aim of this approach is to identify those with the highest pre-test probability of having a gPV, while reducing the likelihood of obtaining uncertain results with limited clinical utility (eg, Variant of Uncertain Significance, VUS). This approach is centered on assessment as to whether a patient meets the “clinical criteria” for genetic testing. These criteria may be established by national guidelines specific to a particular cancer type, such as the National Comprehensive Cancer Network (NCCN) for Gastric Cancer,³ or syndrome-specific criteria, such as the Amsterdam Criteria and Bethesda Guidelines^{4,5} for assessment of and tumor screening for Lynch Syndrome (LS). While these criteria typically capture those at *highest* risk for having a gPV, over the last several years, an increasing amount of data has demonstrated that a significant portion of patients with gPVs in high penetrance cancer risk genes, such as the mismatch repair (MMR) genes diagnostic of LS, are missed through such stringent criteria. In a large cohort of patients with microsatellite instability (MSI) tumors, of those patients with LS presenting with cancers other than the canonical cancers (colorectal or endometrial cancers), only half met clinical testing criteria based on personal and/or family cancer history,⁶ highlighting that relying on this “classic” testing model misses nearly half of LS diagnoses. Importantly, this is not unique to LS, as multiple studies have demonstrated a significant incremental pick-up rate for gPV in cancer susceptibility genes when classic testing criteria are relaxed.^{7–9}

Gastric Cancer

Approximately 1% to 3% of gastric cancers are associated with gPVs¹⁰ and genetically driven tumors are more common amongst patients with early onset disease. The most common syndrome is Hereditary Diffuse Gastric Cancer, associated with mutations in the *CDH1*^{11–13} and more recently implicated *CTNNA1*¹⁴ genes. Histologically this type of gastric cancer is characterized by multifocal diffuse spread with signet rings in the gastric mucosa. It is also associated with invasive lobular breast cancer when it arises in the context of a *gCDH1* mutation.

Hereditary Diffuse Gastric Cancer

Hereditary diffuse gastric cancer (HDGC) accounts for approximately 1% of diffuse gastric cancer¹⁵ and in 46% to 48% of these patients an e cadherin (*CDH1*) germline mutation is detectable.^{15,16} *CDH1* is a tumor suppressor gene that encodes the for E-cadherin protein, an integral component of the adherens junctional complex in epithelial cells. This complex is implicated in cell-cell adhesion, invasion suppression, and signal transduction.¹⁷ The description of a clear molecular basis for hereditary diffuse gastric cancer was first reported in 3 Maori kindred¹³ with early onset diffuse type gastric cancer in the presence of germline inactivating e-cadherin/*CDH1* mutations. This was subsequently corroborated by a study of British and Irish familial gastric cancer kindreds¹⁸ and in 3 European gastric cancer kindreds.¹⁹ By 1999, 9 different germline *CDH1* mutations had been identified in European familial gastric cancer kindreds^{18–20} and 14 had been described overall. A total of 80% of these carriers generate premature termination codons which ultimately result in impaired transcript loss and subsequent early onset gastric cancer.²¹ These e-cadherin mutations in HDGC can occur throughout the *CDH1* gene²² whereas in sporadic diffuse gastric cancer the mutations are observed in exons 7 to 9 of the gene.²³ In sporadic gastric cancer, truncating mutations are uncommon and sequence changes usually result in either missense mutations or exon skipping.²⁴ A further 13 novel mutations in *CDH1* were described in 2004¹⁵ and a further 6 in 2007.²⁵

The cumulative risk of developing gastric cancer in a patient with gPV in *CDH1* is approximately 37% to 64% in men and 24% to 47% in women.^{18,26} The risk of breast cancer is approximately 39% to 55%^{11,12,26,27} and the estimated combined risk of breast and gastric cancer by 75 is 78%.¹²

In 2010, recommendations for *CDH1* testing by the International Gastric Cancer Consortium²⁸ identified 4 criteria for *CDH1* testing: (I) Two family members with gastric carcinoma, 1 of which is confirmed diffuse gastric cancer; (II) 3 family members with gastric carcinoma in first-degree or second-degree relatives including 1 with diffuse gastric cancer; (III) One member with diffuse gastric cancer before the age of 40; (IV) Personal or family history of diffuse gastric cancer and lobular breast cancer including 1 diagnosed before 50. This was further refined in 2015²⁹ to recommend testing if (I) 2 gastric cancer cases in family members regardless of age, at least 1 confirmed to be diffuse gastric cancer, (II) One case of Diffuse Gastric Cancer <40, or (III) Personal or family history of Diffuse gastric cancer or Lobular breast cancer, 1 diagnosed <50. Patients and families in whom testing can be considered include those with bilateral lobular breast cancer or family history of 2 or more cases of lobular breast cancer at least 1 <50, a personal or family history of cleft palate in a patient with diffuse gastric cancer, or in situ signet ring cells and/or pagetoid spread of signet ring cells.

A confirmed gPV in *CDH1* should prompt prophylactic gastrectomy with large series demonstrating a high rate of signet ring cancers found in patients undergoing prophylactic risk-reducing surgeries.³⁰ Recent data, based on individuals with *CDH1* gPVs who declined surgical intervention, provocatively suggested endoscopic screening (Cambridge protocol) in dedicated centers with appropriate expertise may be an alternative to prophylactic surgery.³¹ However, at the present time, this is not considered international best practice.

CTNNA1

Approximately 40% of hereditary diffuse gastric cancer was noted in families negative for *CDH1* gPVs.¹² Beyond *CDH1* gPVs, hereditary diffuse gastric cancer can also be seen in the setting of truncating mutations in the *CTNNA1* (α catenin) gene inferring a genocopy of *CDH1*^{12,32} although this represents a minority of diffuse gastric cancer families.¹¹ *CTNNA1* encodes for α catenin which partners with the e-cadherin protein in the adherens junctional complex. *CTNNA1* has only recently been classified as an HDGC predisposing gene due to the identification of loss of function variants in families fitting clinical criteria for hereditary diffuse gastric cancer.³¹ Current guidelines now recommend similar surveillance (Cambridge protocol) for patients with confirmed truncating mutation in *CTNNA1* and prophylactic gastrectomy can be considered regardless of endoscopy findings. The clinical spectrum and age range of *CTNNA1* gPV carriers is less clearly characterized than *CDH1* gPV carriers. Early onset diffuse gastric cancer is a frequently associated phenotype¹⁴; however, pathogenic *CTNNA1* variants are not associated with lobular breast cancer.

Gastric Adenocarcinoma and Proximal Polyposis of the Stomach

Additionally, an autosomal dominant syndrome has been identified characterized by gastric adenocarcinoma and proximal polyposis of the stomach (GAPPS) without duodenal or colonic involvement in most individuals reported.^{33,34} GAPPS arises in the context of *APC* promoter 1B mutations (c.-191T > C, c.-192A > G, and c.-195A > C) which reduce the binding activity of the transcription factor Yin Yang 1 (YY1) and transcriptional activity of the promoter.³⁵ The key clinical features of GAPPS are proximal gastric polyposis with hyperplastic and adenomatous polyps with antral

sparing; the malignant transformation potential of these polyps is also noted to be higher than in familial adenomatous polyposis (FAP). GAPPs is typically associated with intestinal type adenocarcinoma. In one of the most comprehensive overviews of 3 families³³ with this syndrome, the gastric phenotype was apparent from the age of 10 and the first gastric cancer occurred at age 38. It is not yet clear whether prophylactic gastrectomy should be considered in patients with GAPPs.

Lynch Syndrome

Lynch syndrome, caused by gPVs in *MLH1*, *MSH2*, *MSH6*, *PMS2*, and terminal deletions in *EPCAM*³⁶ is one of the most common cancer predisposition syndromes with a prevalence of approximately 1 in 279 people. It is characterized by a high proportion of tumors with MSI or deficient MMR on immunohistochemistry with protein loss reflective of the underlying germline variant. Furthermore, MSI-associated Lynch syndrome cancers should prompt reflexive germline genetic testing. A 2019 publication reported that among over 15,000 patients representing a pan-cancer cohort of MSI tumors (>50 cancer types), LS was identified in approximately 16% of the cases.³⁷ Early onset gastric cancer (non-diffuse type) may occur in the setting of Lynch syndrome. Cumulative incidences at 75 years (risks) for upper gastrointestinal (gastric, duodenal, bile duct, or pancreatic) cancers were 10%, 17%, and 13% in path_MLH1, path_MSH2, and path_MSH6 carriers, respectively, per the Prospective Lynch syndrome registry.³⁸ The identification of MSI gastric cancer may have important implication for treatment with immune checkpoint blockade in both the locally advanced and the metastatic disease settings,^{39,40} as well as the need for on-going high-risk surveillance even in immunotherapy-treated Lynch syndrome patients.⁴¹

Li Fraumeni

Li Fraumeni is an autosomal dominant syndrome caused by pathogenic variants in *TP53*. LFS confers an 80% to 90% lifetime risk of cancer with up to 21% of cancers occurring before age 15⁴² Classical Li Fraumeni-associated cancers include sarcoma, brain tumors, leukemia, breast cancer, and adrenocortical tumors; however, increasingly early onset gastric cancer has been recognized as a component of the syndrome⁴³ and endoscopic surveillance is considered an important component of comprehensive Li Fraumeni surveillance.⁴⁴

Familial Adenomatous Polyposis Syndrome

Familial adenomatous polyposis (FAP) is caused by gPVs in *APC*.^{36,45,46} Whilst the risk of colorectal cancer is very clearly defined and underpins the recommendation for prophylactic colectomy when *gAPC* is confirmed,⁴⁷ the risk of gastric cancer appears more modest⁴⁸ particularly amongst Western carriers of *gAPC* variants.

Peutz-Jeghers

Peutz-Jeghers is an autosomal dominant condition distinguished by hamartomatous polyps in the gastrointestinal tract and pigmented mucocutaneous lesions. It is caused by gPVs in *STK11*^{49,50} and confers an increased risk of gastrointestinal, pancreatic, lung, breast, uterine, and testicular cancers.

Juvenile Polyposis Syndrome

Juvenile polyposis syndrome is caused by gPVs in *SMAD4* or *BMPR1A*.^{51,52} It is also an autosomal dominant syndrome characterized by distinct polyps throughout the gastrointestinal tract both upper and lower. Gastric cancer risk appears to be greatest with gPV in *SMAD4*⁵³ with a rare but important phenotypic variant presenting with massive gastric polyposis and often very early onset gastric cancer.⁵⁴

Importantly, many of the aforementioned syndromes have classic, well-described phenotypic presentations, allowing for better estimations of pre-test probability of a true-positive result in such cases.

Homologous Recombination DNA Repair Pathway

Mutations in the homologous recombination DNA (HRD) pathway are thought to account for a significant proportion of families with diffuse gastric cancer in the absence of *CDH1* or *CTNNA1* gPVs. Fewings and colleagues⁵⁵ performed whole exome sequencing in 22 families who had previously tested negative for *CDH1*. *PALB2* loss of function variants were significantly more common than in the general population. However, *PALB2* germline variants have also been identified amongst patients⁵⁶ with non-diffuse histology suggesting potential association with heterogeneous histologic subtypes.⁵⁷

Deleterious mutations in *ATM* have been found at a significantly higher frequency amongst patients with gastric cancer from diverse ethnic backgrounds⁵⁸; this is further corroborated by genome-wide association studies.^{58,59} Gastric cancers arising in patients with *gATM* may potentially be susceptible to targeted approaches.⁶⁰

The association with *BRCA1/2* with gastric cancer risk has been considered an issue of debate for some time. In a large cohort of over 5000 *BRCA* families, the relative risk of gastric cancer was increased in both *BRCA1* and *BRCA2* carriers, 2.17 (95% CI 1.25–3.77)-fold and 3.69 (95% CI 2.4–5.67)-fold, respectively.⁶¹ This association appears to be stronger with *BRCA2* than with *BRCA1*.^{62–65} Additionally, risk appears to potentially be modified by the presence of *Helicobacter pylori*.⁶⁶ At the present time, these data are not robust enough to recommend routine surveillance gastroscopy in all carriers of gPVs in *BRCA* but it would not be unreasonable in the setting of both gPVs and a family history of gastric cancer.⁶⁷ Arguably these current data would suggest that screening patients with gPV in *BRCA* at baseline for the presence of *Helicobacter pylori* should be considered.

Similar to data from other cancer types with increasing access to multigene panel testing (MGPT), gPVs potentially implicated in gastric cancer will be identified even in patients without a family history.⁶⁸

Esophageal Cancer

Per the most recent NCCN guidelines (Version 3, 2023), specific referral guidelines for esophageal and esophagogastric junction (EGJ) cancers from the perspective of genetic risk assessment are not yet possible at this time. In contrast to gastric cancer, there are a relatively limited number of defined genetic syndromes recognized to be associated with an increased risk of esophageal cancer.

Esophageal Cancer, Tylosis with Non-epidermolytic Palmoplantar Keratoderma (PPK), and Howel-Evans Syndrome

Tylosis with esophageal cancer (TEC) is a very rare condition with an autosomal dominant pattern of inheritance and is caused by germline mutations in the *RHBDF2* gene. Individuals with germline *RHBDF2* mutations have an increased risk for squamous cell carcinoma (SCC) of the middle and distal esophagus. Palmoplantar keratoderma (PPK) is divided into diffuse, punctate, or focal patterns of skin thickening on palms and soles. The risk of esophageal carcinoma has been calculated to be 95% by 65 years of age in 1 large family but the frequency of the disorder in the general population is unknown.⁶⁹

Bloom Syndrome

Bloom syndrome (BS) is a rare autosomal recessive disorder characterized by mutations of the *BLM* gene at 15q26.1⁷⁰ and is associated with strikingly elevated sister

chromatid exchange rates in all cells. Patients with BS are affected by acute myeloid leukemia, acute lymphoblastic leukemia, or lymphoid neoplasms at an early age and one-third of patients with BS have multiple independent malignancies.⁷¹ Patients with BS appear to have 150 to 300 times greater risk of cancer development than those without this disorder⁷² including SCC of the esophagus after 20 years of age.

Fanconi Anemias

The genes involved in Fanconi anemia (FA) include FA complementation groups A–E, with FA-A (FANCA) located at 16q24.3; FA-B (FANCB), unknown; FA-C (FANCC) at 9q22.3; FA-D (FANCD) at 3p26–p22; and FA-E (FANCE), unknown. Patients with germline variants *FANCA* and *FANCC* are affected by pancytopenia and chromosome breakage and hematologic abnormalities, including anemia, bleeding, and easy bruising. An increased frequency of SCC of the esophagus has been described in these patients.⁷³

Familial Barrett esophagus

Familial Barrett esophagus⁷⁴ (FBE) includes adenocarcinoma of the esophagus and EGJ. Inheritance appears to be autosomal dominant and several potential candidate genes have been identified but causality has not been clearly validated.

Two more contemporary studies^{75,76} have raised the question of the contribution of gPVs in ATM to esophageal adenocarcinoma risk, a potential association that will require further evaluation.

Gastroesophageal Junction Cancer

Gastroesophageal Junction (GEJ) cancers are unique in that these tumors are thought to reflect a mix of true GEJ tumors as well as proximal gastric and distal esophageal cancers, which may be clinically indistinguishable. Indeed, The Tumor Genome Atlas analysis of esophageal cancers found a gradual transition of molecular subtypes from the distal esophagus to the GEJ and then to the proximal stomach.⁷⁷ In line with this observation, in studies utilizing MGPT, the prevalence of gPV in GEJ cancers was higher than in esophageal but lower than in gastric cancers.⁷⁸ Given the difficulty in accurately classifying the origin of any GEJ cancer, following guidelines for gastric cancer genetic testing recommendation are probably a reasonable recommendation.

Pancreatic Cancer

The contribution of pPVs, particularly those in the HRD pathway, is increasingly being recognized in pancreatic cancer. In a pan cancer analysis of approximately 12,000 patients, 19.6% of the patients with pancreatic ductal adenocarcinoma (PDAC) were found to harbor pathogenic germline variants.¹ The likelihood of a positive genetic test appears higher amongst patients with early onset disease; in a cohort of 450 early onset pancreatic cancer patients diagnosed between 2008 to 2018 at a large academic institution,⁷⁹ approximately 32% were found to harbor at least 1 gPV, with 27.5% of gPVs identified in high and moderate penetrance genes.⁷⁹ This is corroborated by a large study from another US tertiary center which demonstrated that patients with early onset (EO) pancreatic cancer had a significantly higher odds of testing positive than older patients for germline mutations (OR 1.93; 95% CI 1.03–3.7), although the definition of early onset pancreatic cancer for the purposes of this study was defined as aged <60.⁸⁰ Of particular concern is that, the incidence in patients <50 years of age appears to be rising.^{81–83} Understanding the contribution of gPV to this rising incidence is important particularly as the efficacy of pancreatic

cancer screening amongst carriers of implicated gPVs is increasingly being corroborated.⁸⁴

The HRD genes most commonly implicated in pancreatic cancer are *BRCA2* (5%–10%),^{85,86} *PALB2* (2%–3%),^{87,88} *ATM*(3%–4%),^{89,90} and *BRCA1* (1%).⁹¹ The initial studies from the Breast Cancer Linkage Consortium valuating contribution of *BRCA1/2* to breast cancer risk^{92,93} also suggested an association between *BRCA1* and *BRCA2* mutations and prostate and pancreatic adenocarcinomas as well (particularly for *BRCA2*), and subsequent research has further confirmed these associations. The potential actionability of these germline findings was underscored by the efficacy of polyp ADP ribose polymerase inhibitor (PARPi) in the POLO study of maintenance Olaparib among g*BRCA*-carriers with metastatic pancreatic cancer.⁹⁴

Pathogenic Germline Variant	Cancer Subtype	Gene Penetrance	Targetable	Therapeutic Agent
<i>ATM</i>	Gastric Esophageal Pancreas Biliary	Moderate	No	-
<i>APC</i>	Gastric	High	No	-
<i>BRCA1/2</i>	Pancreas Gastric ^a Biliary	High	Yes	PARPi
<i>PALB2</i>	Gastric Pancreas Biliary	Moderate	Yes	PARPi
<i>CDH1</i>	Gastric	High	No	-
<i>CDKN2A</i>	Pancreas	High	Not at present	Negative trial of CDK4/6i
<i>CTNNA1</i>	Gastric	High	No	-
<i>MLH1</i>	Gastric Pancreas	High	Yes ^a	ICB
<i>MSH2</i>	Gastric Pancreas	High	Yes ^a	ICB
<i>MSH6</i>	Gastric Pancreas	High	Yes ^a	ICB
<i>PMS2</i>	Gastric Biliary	High	Yes ^a	ICB
<i>PRSS1</i>	Pancreas	High or low dependent on variant	No	-
<i>STK11</i>	Gastric Pancreas	High	No	-
<i>SMAD4</i>	Gastric	High	No	-
<i>BMPR1A</i>	Gastric	High	No	-
<i>TP53</i>	Gastric Esophageal	High	No	-

Abbreviations: CDK4/6i, cyclin-dependent kinase inhibitor; ICB, immune checkpoint blockade; PARPi, polyp ADP ribose polymerase inhibitor.

^a Actionable in the setting of tumors with Microsatellite Instability (MSI).

The association of *ATM* with pancreatic cancer was identified through genome-wide sequencing in 2012⁸⁹ and has been further corroborated in a number of studies.⁹⁰ More recent data characterizing somatic and germline *ATM* variants arising in association with pancreatic ductal adenocarcinoma demonstrated an improved OS in this cohort^{95,96}; interestingly *ATM* was not found to confer an HRD signature suggesting limited benefit from strategies exploiting this pathway.

Germline variants in *CDKN2A* have been reported to confer a 12.3-fold increased risk of pancreatic cancer^{91,96,97} while additionally, although rare, *gSTK11* mutations have been reported to confer a 130-fold increased risk.⁴⁹ Pancreatic cancer has also been described in association with the LS-associated genes; this risk of pancreatic cancer may vary by germline MMR variant⁹⁸ and the risk is approximately 8.6-fold greater than the general population.⁹⁹ Recognition of LS-associated pancreas cancer is potentially actionable given recent data regarding the utility of immune checkpoint blockade in this cohort in the setting of MSI disease.^{40,100}

NCCN guidelines¹⁰¹ now recommend germline genetic testing for all patients diagnosed with pancreatic cancer with results guiding need for cascade testing within families and potentially enrollment into pancreatic surveillance protocols for unaffected familial carriers of gPVs. Notably, despite extensive gene discovery research efforts, a large proportion of familial pancreatic cancer, defined as a kindred with at least a pair of first-degree relatives with pancreas cancer,¹⁰² remains genetically unexplained.⁹⁶ As in patients with gPV in pancreas-associated cancer susceptibility genes and a family history of the disease, pancreatic surveillance should also be considered in the context of individualized decision-making in first-degree relatives of individuals with familial pancreatic cancer.¹⁰³

Biliary Tract Cancer

The data for the contribution of gPVs to biliary tract cancers inclusive of cholangiocarcinoma and gallbladder cancer are much more limited. One study in a predominantly Caucasian population reported gPVs in 16% of the patients¹⁰⁴ with 9.9% of these in high and moderate penetrance cancer predisposition genes. This is comparable to a reported gPV rate of 11% in a Japanese cohort of patients with biliary cancer¹⁰⁵ although the variants identified differed. These rates are comparable to other solid tumors, however, and support integration of germline genetic testing in the management of these patients.

SUMMARY

With increasing availability of commercial multigene panel testing (MGPT) and expansion of the cancer types in which MGPT is recommended, particularly in patients with early onset cancer, we will undoubtedly detect more gPVs which are of clinical relevance for the cancer-affected patient as well as at-risk relatives. While criteria for germline genetic testing are more clearly defined for gastric cancer³ and pancreatic cancer,^{101,106} guidelines in relation to the role of genetic testing for more novel genes⁷⁵ in the setting of esophageal cancer beyond a limited number of cancer predisposition syndromes, and in biliary cancer, is in evolution.^{105,107} Increased access to commercial panels and more widespread integration of genetic testing into cancer care will enhance appreciation of novel associations and our understanding of the contribution of these variants to gastrointestinal carcinogenesis will become more clearly defined (Table 1).

It is important to caution that the relative contribution of a gPV detected on MGPT to causation of the index cancer particularly in the setting of genes not classically

associated with that cancer subtype is challenging to deduce. Integration of germline and somatic analysis is critical to elucidate the role of germline variants in upper gastrointestinal carcinogenesis by evaluating bi-allelic loss, which, when assessed, seems to be consistently higher among patients with early onset cancer than in average onset cancer.^{108,109} This suggests that these gPVs are driving cancer development at least in a proportion of these cancers. Determination of causality is imperative in order to identify novel treatment approaches exploiting underlying germline drivers implicated in carcinogenesis. Potential actionability of these underlying gPVs as exemplified by the utility of PARPi and immunotherapy is particularly pertinent.

While the prevalence of gPVs is consistently higher amongst patients with early onset cancers, decisions regarding germline genetic testing should not be restricted by age alone or by an arbitrary designation of young onset. In a review of 25,035 patients with cancer,² an age cutoff of 50 for early onset cancer was >1 standard deviation below the mean age at diagnosis in 20 cancer types resulting in 2226 patients who would not have been classified as having early onset cancer, inclusive of 394 patients who tested positive for a germline LP/P, representing 26.1% of all germline early onset cancer positives. These findings are particularly relevant as the therapeutic implication of gPVs expands.^{110,111}

CLINICS CARE POINTS: PEARLS AND PITFALLS

- Comprehensive management of upper gastrointestinal cancers should incorporate germline genetic testing.
- Stringent application of clinical criteria for genetic testing in any cancer type, including gastric, esophageal, GEJ, pancreatic, or biliary cancer, may miss a significant proportion of patients with underlying germline pathogenic variants (gPVs).
- Critically, germline genetic testing should not be restricted exclusively by definition of early onset cancer as cancer arising <50 years of age, and family history should always be integrated into clinical decision-making
- Identification of germline pathogenic variants may increasingly have implications for systemic therapy decisions

DISCLOSURE

E.C. Harrold has received funding from the Conquer Cancer, the ASCO Foundation, United States. She also served as a consultant to Pfizer Ireland on one occasion in 2021. She reports education grants from Merck and Amgen to attend GI ASCO in 2020. Z.K. Stadler's immediate family member serves as a consultant in Ophthalmology for Adverum, Genentech, Neurogene, Novartis, Optos Plc, Outlook Therapeutics, and Regeneron outside the submitted work. Z.K. Stadler serves as an Associate Editor for *JCO Precision Oncology* and as a Section Editor for UpToDate.

REFERENCES

1. Stadler ZK, Maio A, Chakravarty D, et al. Therapeutic implications of germline testing in patients with advanced cancers. *J Clin Oncol* 2021;39(24):2698.
2. Stadler ZK, Maio A, Khurram A, et al. Redefining early-onset cancer and risk of hereditary cancer predisposition. *American Society of Clinical Oncology*; 2023.

3. Ajani JA, D'Amico TA, Bentrem DJ, et al. Gastric Cancer, Version 2.2022, NCCN Clinical Practice Guidelines in Oncology. *J Natl Compr Cancer Netw* 2022;20(2): 167–92.
4. Hampel H, Frankel WL, Martin E, et al. Screening for the Lynch syndrome (hereditary nonpolyposis colorectal cancer). *N Engl J Med* 2005;352(18):1851–60.
5. Lipton LR, Johnson V, Cummings C, et al. Refining the Amsterdam Criteria and Bethesda Guidelines: testing algorithms for the prediction of mismatch repair mutation status in the familial cancer clinic. *J Clin Oncol* 2004;22(24):4934–43.
6. Latham A, Srinivasan P, Kemel Y, et al. Microsatellite Instability Is Associated With the Presence of Lynch Syndrome Pan-Cancer. *J Clin Oncol* 2019;37(4): 286–95.
7. Ceyhan-Birsoy O, Jayakumaran G, Kemel Y, et al. Diagnostic yield and clinical relevance of expanded genetic testing for cancer patients. *Genome Med* 2022; 14(1):92.
8. Fiala EM, Jayakumaran G, Mauguén A, et al. Prospective pan-cancer germline testing using MSK-IMPACT informs clinical translation in 751 patients with pediatric solid tumors. *Nature Cancer* 2021. <https://doi.org/10.1038/s43018-021-00172-1>.
9. Mandelker D, Zhang L, Kemel Y, et al. Mutation Detection in Patients With Advanced Cancer by Universal Sequencing of Cancer-Related Genes in Tumor and Normal DNA vs Guideline-Based Germline Testing. *JAMA* 2017;318(9): 825–35.
10. Oliveira C, Pinheiro H, Figueiredo J, et al. Familial gastric cancer: genetic susceptibility, pathology, and implications for management. *Lancet Oncol* 2015; 16(2):e60–70.
11. Blair VR, McLeod M, Carneiro F, et al. Hereditary diffuse gastric cancer: updated clinical practice guidelines. *Lancet Oncol* 2020;21(8):e386–97.
12. Hansford S, Kaurah P, Li-Chang H, et al. Hereditary Diffuse Gastric Cancer Syndrome: CDH1 Mutations and Beyond. *JAMA Oncol* 2015;1(1):23–32.
13. Guilford P, Hopkins J, Harraway J, et al. E-cadherin germline mutations in familial gastric cancer. *Nature* 1998;392(6674):402–5.
14. Lobo S, Benusiglio PR, Coulet F, et al. Cancer predisposition and germline CTNNA1 variants. *Eur J Med Genet* 2021;64(10):104316.
15. Brooks-Wilson A, Kaurah P, Suriano G, et al. Germline E-cadherin mutations in hereditary diffuse gastric cancer: assessment of 42 new families and review of genetic screening criteria. *J Med Genet* 2004;41(7):508–17.
16. Oliveira C, Senz J, Kaurah P, et al. Germline CDH1 deletions in hereditary diffuse gastric cancer families. *Hum Mol Genet* 2009;18(9):1545–55.
17. Knights AJ, Funnell AP, Crossley M, et al. Holding tight: cell junctions and cancer spread. *Trends Cancer Res* 2012;8:61.
18. Richards FM, McKee SA, Rajpar MH, et al. Germline E-cadherin gene (CDH1) mutations predispose to familial gastric cancer and colorectal cancer. *Hum Mol Genet* 1999;8(4):607–10.
19. Gayther SA, Goringe KL, Ramus SJ, et al. Identification of germ-line E-cadherin mutations in gastric cancer families of European origin. *Cancer Res* 1998; 58(18):4086–9.
20. Keller G, Vogelsang H, Becker I, et al. Diffuse type gastric and lobular breast carcinoma in a familial gastric cancer patient with an E-cadherin germline mutation. *Am J Pathol* 1999;155(2):337–42.

21. Karam R, Carvalho J, Bruno I, et al. The NMD mRNA surveillance pathway downregulates aberrant E-cadherin transcripts in gastric cancer cells and in CDH1 mutation carriers. *Oncogene* 2008;27(30):4255–60.
22. Oliveira C, Pinheiro H, Figueiredo J, et al. E-cadherin alterations in hereditary disorders with emphasis on hereditary diffuse gastric cancer. *Progress in Molecular Biology and Translational Science* 2013;116:337–59.
23. Bex G, Becker KF, Höfler H, et al. Mutations of the human E-cadherin (CDH1) gene. *Hum Mutat* 1998;12(4):226–37.
24. Caldas C, Carneiro F, Lynch HT, et al. Familial gastric cancer: overview and guidelines for management. *J Med Genet* 1999;36(12):873–80.
25. Kaurah P, MacMillan A, Boyd N, et al. Founder and recurrent CDH1 mutations in families with hereditary diffuse gastric cancer. *JAMA* 2007;297(21):2360–72.
26. Xicola RM, Li S, Rodriguez N, et al. Clinical features and cancer risk in families with pathogenic CDH1 variants irrespective of clinical criteria. *J Med Genet* 2019;56(12):838–43.
27. Roberts ME, Ranola JMO, Marshall ML, et al. Comparison of CDH1 penetrance estimates in clinically ascertained families vs families ascertained for multiple gastric cancers. *JAMA Oncol* 2019;5(9):1325–31.
28. Fitzgerald RC, Hardwick R, Huntsman D, et al, International Gastric Cancer Linkage Consortium. Hereditary diffuse gastric cancer: updated consensus guidelines for clinical management and directions for future research. *J Med Genet* 2010;47(7):436–44.
29. van der Post RS, Vogelaar IP, Carneiro F, et al. Hereditary diffuse gastric cancer: updated clinical guidelines with an emphasis on germline CDH1 mutation carriers. *J Med Genet* 2015;52(6):361–74.
30. Vos EL, Salo-Mullen EE, Tang LH, et al. Indications for total gastrectomy in CDH1 mutation carriers and outcomes of risk-reducing minimally invasive and open gastrectomies. *JAMA Surgery* 2020;155(11):1050–7.
31. Asif B, Sarvestani AL, Gamble LA, et al. Cancer surveillance as an alternative to prophylactic total gastrectomy in hereditary diffuse gastric cancer: a prospective cohort study. *Lancet Oncol* 2023;24(4):383–91.
32. Majewski IJ, Kluijft I, Cats A, et al. An alpha-E-catenin (CTNNA1) mutation in hereditary diffuse gastric cancer. *J Pathol* 2013;229(4):621–9.
33. Worthley DL, Phillips KD, Wayte N, et al. Gastric adenocarcinoma and proximal polyposis of the stomach (GAPPS): a new autosomal dominant syndrome. *Gut* 2012;61(5):774–9.
34. Yen T., Stanich P.P., Axell L., et al., APC-Associated Polyposis Conditions. 1998. [Updated 2022 May 12]. In: Adam M.P., Feldman J., Mirzaa G.M., et al., editors. *GeneReviews®* [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2024. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK1345/>.
35. Rudloff U. Gastric adenocarcinoma and proximal polyposis of the stomach: diagnosis and clinical perspectives. *Clin Exp Gastroenterol* 2018;11:447–59.
36. Fornasarig M, Magris R, De Re V, et al. Molecular and Pathological Features of Gastric Cancer in Lynch Syndrome and Familial Adenomatous Polyposis. *Int J Mol Sci* 2018;19(6). <https://doi.org/10.3390/ijms19061682>.
37. Latham A, Srinivasan P, Kemel Y, et al. Microsatellite instability is associated with the presence of Lynch syndrome pan-cancer. *J Clin Oncol* 2019;37(4):286.
38. Møller P, Seppälä TT, Bernstein I, et al, Mallorca Group. Cancer risk and survival in path_MMR carriers by gene and gender up to 75 years of age: a report from the Prospective Lynch Syndrome Database. *Gut* 2018;67(7):1306–16.

39. André T, Tougeron D, Piessen G, et al. Neoadjuvant nivolumab plus ipilimumab and adjuvant nivolumab in localized deficient mismatch repair/microsatellite instability–high gastric or esophagogastric junction adenocarcinoma: The GER-COR NEONIPIGA phase II study. *J Clin Oncol* 2023;41(2):255.
40. Marabelle A, Le DT, Ascierto PA, et al. Efficacy of pembrolizumab in patients with noncolorectal high microsatellite instability/mismatch repair–deficient cancer: results from the phase II KEYNOTE-158 study. *J Clin Oncol* 2020;38(1):1.
41. Harrold EC, Foote MB, Rousseau B, et al. Neoplasia risk in patients with Lynch syndrome treated with immune checkpoint blockade. *Nat Med* 2023;29(10):2458–63.
42. Amadou A, Waddington Achatz MI, Hainaut P. Revisiting tumor patterns and penetrance in germline TP53 mutation carriers: temporal phases of Li–Fraumeni syndrome. *Curr Opin Oncol* 2018;30(1):23–9.
43. Masciari S, Dewanwala A, Stoffel EM, et al. Gastric cancer in individuals with Li–Fraumeni syndrome. *Genet Med* 2011;13(7):651–7.
44. Katona BW, Powers J, McKenna DB, et al. Upper gastrointestinal cancer risk and surveillance outcomes in Li–Fraumeni syndrome. *Am J Gastroenterol* 2020;115(12):2095.
45. Leone PJ, Mankaney G, Sarvapelli S, et al. Endoscopic and histologic features associated with gastric cancer in familial adenomatous polyposis. *Gastrointest Endosc* 2019;89(5):961–8.
46. Mankaney G, Leone P, Cruise M, et al. Gastric cancer in FAP: a concerning rise in incidence. *Fam Cancer* 2017;16(3):371–6.
47. Bisgaard ML, Fenger K, Bülow S, et al. Familial adenomatous polyposis (FAP): frequency, penetrance, and mutation rate. *Hum Mutat* 1994;3(2):121–5.
48. Walton S-J, Frayling IM, Clark SK, et al. Gastric tumours in FAP. *Fam Cancer* 2017;16(3):363–9.
49. Giardiello FM, Brensinger JD, Tersmette AC, et al. Very high risk of cancer in familial Peutz–Jeghers syndrome. *Gastroenterology* 2000;119(6):1447–53.
50. Hearle N, Schumacher V, Menko FH, et al. Frequency and spectrum of cancers in the Peutz–Jeghers syndrome. *Clin Cancer Res* 2006;12(10):3209–15.
51. Dal Buono A, Gaiani F, Poliani L, et al. Juvenile polyposis syndrome: An overview. *Best Pract Res Clin Gastroenterol* 2022;58–59:101799.
52. MacFarland SP, Ebrahimzadeh JE, Zelle K, et al. Phenotypic Differences in Juvenile Polyposis Syndrome With or Without a Disease-causing SMAD4/BMPR1A Variant. *Cancer Prev Res (Phila)* 2021;14(2):215–22.
53. Singh AD, Gupta A, Mehta N, et al. Occurrence of gastric cancer in patients with juvenile polyposis syndrome: a systematic review and meta-analysis. *Gastrointest Endosc* 2023;97(3):407–14.e1.
54. Stadler ZK, Salo-Mullen E, Zhang L, et al. Juvenile polyposis syndrome presenting with familial gastric cancer and massive gastric polyposis. *J Clin Oncol* 2012;30(25):e229–32.
55. Fewings E, Larionov A, Redman J, et al. Germline pathogenic variants in PALB2 and other cancer-predisposing genes in families with hereditary diffuse gastric cancer without CDH1 mutation: a whole-exome sequencing study. *Lancet Gastroenterol Hepatol* 2018;3(7):489–98.
56. Sahasrabudhe R, Lott P, Bohorquez M, Latin American Gastric Cancer Genetics Collaborative Group. Germline mutations in PALB2, BRCA1, and RAD51C, which regulate DNA recombination repair, in patients with gastric cancer. *Gastroenterology* 2017;152(5):983–6.e6.

57. Carvajal-Carmona LG. PALB2 as a familial gastric cancer gene: is the wait over? *Lancet Gastroenterol Hepatol* 2018;3(7):451–2.
58. Huang D-S, Tao H-Q, He X-J, et al. Prevalence of deleterious ATM germline mutations in gastric cancer patients. *Oncotarget* 2015;6(38):40953.
59. Helgason H, Rafnar T, Olafsdottir HS, et al. Loss-of-function variants in ATM confer risk of gastric cancer. *Nat Genet* 2015;47(8):906–10.
60. Bang Y-J, Im S-A, Lee K-W, et al. Randomized, double-blind phase II trial with prospective classification by ATM protein level to evaluate the efficacy and tolerability of olaparib plus paclitaxel in patients with recurrent or metastatic gastric cancer. *J Clin Oncol* 2015;33(33):3858–65.
61. Li S, Silvestri V, Leslie G, et al. Cancer Risks Associated With BRCA1 and BRCA2 Pathogenic Variants. *J Clin Oncol* 2022;40(14):1529–41.
62. Lubinski J, Phelan CM, Ghadirian P, et al. Cancer variation associated with the position of the mutation in the BRCA2 gene. *Fam Cancer* 2004;3(1):1–10.
63. Jakubowska A, Nej K, Huzarski T, et al. BRCA2 gene mutations in families with aggregations of breast and stomach cancers. *Br J Cancer* 2002;87(8):888–91.
64. Risch HA, McLaughlin JR, Cole DE, et al. Population BRCA1 and BRCA2 mutation frequencies and cancer penetrances: a kin-cohort study in Ontario, Canada. *J Natl Cancer Inst* 2006;98(23):1694–706.
65. Moran A, O'Hara C, Khan S, et al. Risk of cancer other than breast or ovarian in individuals with BRCA1 and BRCA2 mutations. *Fam Cancer* 2012;11(2):235–42.
66. Usui Y, Taniyama Y, Endo M, et al. Helicobacter pylori, homologous-recombination genes, and gastric cancer. *N Engl J Med* 2023;388(13):1181–90.
67. Buckley KH, Niccum BA, Maxwell KN, et al. Gastric Cancer Risk and Pathogenesis in BRCA1 and BRCA2 Carriers. *Cancers (Basel)* 2022;14(23). <https://doi.org/10.3390/cancers14235953>.
68. Slavin T, Neuhausen SL, Rybak C, et al. Genetic gastric cancer susceptibility in the international clinical cancer genomics community research network. *Cancer genetics* 2017;216:111–9.
69. Ellis A, Risk JM, Maruthappu T, et al. Tylosis with oesophageal cancer: Diagnosis, management and molecular mechanisms. *Orphanet J Rare Dis* 2015; 10:1–6.
70. Arora H, Chacon AH, Choudhary S, et al. Bloom syndrome. *Int J Dermatol* 2014; 53(7):798–802.
71. German J. Bloom's syndrome. XX. The first 100 cancers. *Cancer Genet Cytogenet* 1997;93(1):100–6.
72. Ababou M. Bloom syndrome and the underlying causes of genetic instability. *Mol Genet Metabol* 2021;133(1):35–48.
73. Akbari MR, Malekzadeh R, Lepage P, et al. Mutations in Fanconi anemia genes and the risk of esophageal cancer. *Hum Genet* 2011;129:573–82.
74. Sun X, Elston R, Barnholtz-Sloan J, et al. A segregation analysis of Barrett's esophagus and associated adenocarcinomas. *Cancer Epidemiol Biomark Prev* 2010;19(3):666–74.
75. El Jabbour T, Misyura M, Cowzer D, et al. ATM germline-mutated gastroesophageal junction adenocarcinomas: Clinical descriptors, molecular characteristics, and potential therapeutic implications. *J Natl Cancer Inst* 2022;114(5): 761–70.
76. Lee M, Eng G, Handte-Reinecker A, et al. Germline Determinants of Esophageal Adenocarcinoma. *Gastroenterology* 2023;165(5):1276–9.e7.

77. Network CGAR, Analysis Working Group: Asan University, BC Cancer Agency, et al. Integrated genomic characterization of oesophageal carcinoma. *Nature* 2017;541(7636):169.
78. Ku GY, Kemel Y, Maron SB, et al. Prevalence of germline alterations on targeted tumor-normal sequencing of esophagogastric cancer. *JAMA Netw Open* 2021; 4(7):e2114753–.
79. Varghese AM, Singh I, Singh R, et al. Early-Onset Pancreas Cancer: Clinical Descriptors, Genomics, and Outcomes. *J Natl Cancer Inst* 2021;113(9):1194–202.
80. Bannon SA, Montiel MF, Goldstein JB, et al. High Prevalence of Hereditary Cancer Syndromes and Outcomes in Adults with Early-Onset Pancreatic Cancer. *Cancer Prev Res (Phila)* 2018;11(11):679–86.
81. Sung H, Siegel RL, Rosenberg PS, et al. Emerging cancer trends among young adults in the USA: analysis of a population-based cancer registry. *Lancet Public Health* 2019;4(3):e137–47.
82. Ben-Aharon I, van Laarhoven HWM, Fontana E, et al. Early-Onset Cancer in the Gastrointestinal Tract Is on the Rise-Evidence and Implications. *Cancer Discov* 2023;13(3):538–51.
83. Jayakrishnan T, Nair KG, Kamath SD, et al. Comparison of characteristics and outcomes of young-onset versus average onset pancreatobiliary adenocarcinoma. *Cancer Med* 2023. <https://doi.org/10.1002/cam4.5418>.
84. Dbouk M, Katona BW, Brand RE, et al. The multicenter cancer of pancreas screening study: impact on stage and survival. *J Clin Oncol* 2022;40(28):3257.
85. Couch FJ, Johnson MR, Rabe KG, et al. The prevalence of BRCA2 mutations in familial pancreatic cancer. *Cancer Epidemiol Biomark Prev* 2007;16(2):342–6.
86. Hahn SA, Greenhalf B, Ellis I, et al. BRCA2 germline mutations in familial pancreatic carcinoma. *J Natl Cancer Inst* 2003;95(3):214–21.
87. Jones S, Hruban RH, Kamiyama M, et al. Exomic sequencing identifies PALB2 as a pancreatic cancer susceptibility gene. *Science* 2009;324(5924):217.
88. Yang X, Leslie G, Doroszuk A, et al. Cancer risks associated with germline PALB2 pathogenic variants: an international study of 524 families. *J Clin Oncol* 2020;38(7):674.
89. Roberts NJ, Jiao Y, Yu J, et al. ATM mutations in patients with hereditary pancreatic cancer. *Cancer Discov* 2012;2(1):41–6.
90. Shindo K, Yu J, Suenaga M, et al. Deleterious germline mutations in patients with apparently sporadic pancreatic adenocarcinoma. *J Clin Oncol* 2017;35(30):3382.
91. Zhen DB, Rabe KG, Gallinger S, et al. BRCA1, BRCA2, PALB2, and CDKN2A mutations in familial pancreatic cancer: a PACGENE study. *Genet Med* 2015; 17(7):569–77.
92. Consortium BCL. Cancer risks in BRCA2 mutation carriers. *J Natl Cancer Inst* 1999;91(15):1310–6.
93. Thompson D, Easton DF, Breast Cancer Linkage Consortium. Cancer incidence in BRCA1 mutation carriers. *J Natl Cancer Inst* 2002;94(18):1358–65.
94. Golan T, Hammel P, Reni M, et al. Maintenance Olaparib for Germline BRCA-Mutated Metastatic Pancreatic Cancer. *N Engl J Med* 2019;381(4):317–27.
95. Park W, O'Connor CA, Bandlamudi C, et al. Clinico-genomic characterization of ATM and HRD in pancreas cancer: application for practice. *Clin Cancer Res* 2022;28(21):4782–92.
96. Roberts NJ, Norris AL, Petersen GM, et al. Whole genome sequencing defines the genetic heterogeneity of familial pancreatic cancer. *Cancer Discov* 2016; 6(2):166–75.

97. Hu C, Hart SN, Polley EC, et al. Association between inherited germline mutations in cancer predisposition genes and risk of pancreatic cancer. *JAMA* 2018;319(23):2401–9.
98. Zalevskaia K, Mecklin J-P, Seppälä TT. Clinical characteristics of pancreatic and biliary tract cancers in Lynch syndrome: A retrospective analysis from the Finnish National Lynch Syndrome Research Registry. *Front Oncol* 2023;13:1123901.
99. Kastrinos F, Mukherjee B, Tayob N, et al. Risk of pancreatic cancer in families with Lynch syndrome. *JAMA* 2009;302(16):1790–5.
100. Coston T, Desai A, Babiker H, et al. Efficacy of Immune Checkpoint Inhibition and Cytotoxic Chemotherapy in Mismatch Repair-Deficient and Microsatellite Instability-High Pancreatic Cancer: Mayo Clinic Experience. *JCO Precision Oncology* 2023;7:e2200706.
101. Daly MB, Pal T, Berry MP, Buys SS, Dickson P, Domchek SM, Elkhanany A, Friedman S, Goggins M, Hutton ML, CGC, Karlan BY, Khan S, Klein C, Kohlmann W, CGC, Kurian AW, Laronga C, Litton JK, Mak JS, LCGC, Menendez CS, Merajver SD, Norquist BS, Offit K, Pederson HJ, Reiser G, CGC, Senter-Jamieson L, CGC, Shannon KM, Shatsky R, Visvanathan K, Weitzel JN, Wick MJ, Wisinski KB, Yurgelun MB, Darlow SD, Dwyer MA. Genetic/familial high-risk assessment: breast, ovarian, and pancreatic, version 2.2021, NCCN clinical practice guidelines in oncology. *J Natl Compr Cancer Netw* 2021;19(1):77–102.
102. Petersen GM. Familial pancreatic adenocarcinoma. *Hematol/Oncol Clin* 2015;29(4):641–53.
103. Goggins M, Overbeek KA, Brand R, et al. International Cancer of the Pancreas Screening CAPS consortium. Management of patients with increased risk for familial pancreatic cancer: updated recommendations from the International Cancer of the Pancreas Screening (CAPS) Consortium. *Gut* 2020;69(1):7–17.
104. Maynard H, Stadler ZK, Berger MF, et al. Germline alterations in patients with biliary tract cancers: A spectrum of significant and previously underappreciated findings. *Cancer* 2020;126(9):1995–2002.
105. Wardell CP, Fujita M, Yamada T, et al. Genomic characterization of biliary tract cancers identifies driver genes and predisposing mutations. *J Hepatol* 2018;68(5):959–69.
106. Daly MB, Pal T, Maxwell KN, et al. NCCN Guidelines® Insights: Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic, Version 2.2024: Featured Updates to the NCCN Guidelines. *J Natl Compr Cancer Netw* 2023;21(10):1000–10.
107. Ajani JA, D'Amico TA, Bentrem DJ, et al. Esophageal and Esophagogastric Junction Cancers, Version 2.2023, NCCN Clinical Practice Guidelines in Oncology. *J Natl Compr Cancer Netw* 2023;21(4):393–422.
108. Cercek A, Chatila WK, Yaeger R, et al. A Comprehensive Comparison of Early-Onset and Average-Onset Colorectal Cancers. *J Natl Cancer Inst* 2021;113(12):1683–92.
109. El Jabbour T, Misyura M, Cowzer D, et al. ATM Germline-Mutated Gastroesophageal Junction Adenocarcinomas: Clinical Descriptors, Molecular Characteristics, and Potential Therapeutic Implications. *J Natl Cancer Inst* 2022;114(5):761–70.
110. Lord CJ, Ashworth A. PARP inhibitors: Synthetic lethality in the clinic. *Science* 2017;355(6330):1152–8.
111. Joris S, Denys H, Collignon J, et al. Efficacy of olaparib in advanced cancers with germline or somatic mutations in BRCA1, BRCA2, CHEK2 and ATM, a Belgian Precision tumor-agnostic phase II study. *ESMO Open* 2023;8(6):102041.