



# Overview of the etiology of childhood cancer and future directions

Thanh T. Hoang<sup>a,b,c</sup>, Michael E. Scheurer<sup>a,b,c</sup> and Philip J. Lupo<sup>a,b,c</sup>

## Purpose of review

We provide an overview of the etiology of childhood cancer, the state of the literature, and highlight some opportunities for future research, including technological advancements that could be applied to etiologic studies of childhood cancer to accelerate our understanding.

## Recent findings

Risk factors of childhood cancer were summarized based on demographics and perinatal factors, environmental risk factors, and genetic risk factors. Overall, demographics and perinatal factors are the most well studied in relation to childhood cancer. While environmental risk factors have been implicated, more work is needed to pinpoint specific exposures, identify window(s) of susceptibility, and understand mechanisms. With genome-wide association studies (GWAS), genetic risk factors of eight childhood cancers have emerged, and opportunities remain to conduct GWAS for other cancer types and determine whether risk variants are inherited or *de novo*. Technological advancements that can shed light into the susceptibility of childhood cancer include metabolomics, using primary teeth as an exposure matrix, and long-read sequencing.

## Summary

The development of childhood cancer remains largely not well understood. Collaboration to increase sample size to conduct analyses by histology and/or molecular subtype and application of novel technologies will accelerate our understanding of childhood cancer.

## Keywords

deciduous teeth, long-read sequencing, metabolomics, pediatric cancer, risk factors

## INTRODUCTION

The incidence of cancer in children and adolescents has increased since the 1970s [1–3] and is estimated to be 103 to 208 cases per million, which translates to 200 000–400 000 new diagnoses before age 15 years [4]. Despite the increasing incidence, the underlying etiologies of childhood cancers remain largely elusive. In contrast, an estimated one in 5 or 20 million adults will develop cancer each year [5]. Compared to adult cancers, childhood cancers have very few somatic mutations [6], suggesting that germline variation and/or disruption of epigenetic mechanisms from extrinsic or intrinsic factors contribute to susceptibility in children or adolescents who develop cancer. Despite this, large-scale sequencing studies suggest that only about 10% of children diagnosed with cancer have a pathogenic or likely pathogenic variant in a known cancer predisposition gene [7], suggesting that more research is needed to identify the etiologies of the majority of cases. In this review, we summarize what is known about our current understanding of the etiologies of

childhood cancer diagnosed from ages 0–19 years and state of the literature, as well as discuss considerations for future research.

## DEMOGRAPHICS AND PERINATAL FACTORS

The incidence of childhood cancer varies by age, race/ethnicity, and sex. Leukemia, central nervous system (CNS) tumors, retinoblastoma, renal tumors, and hepatic tumors are more commonly diagnosed before age 10 years, whereas lymphomas, germ cell

<sup>a</sup>Department of Pediatrics, Division of Hematology-Oncology, <sup>b</sup>Dan L. Duncan Comprehensive Cancer Center, Baylor College of Medicine and <sup>c</sup>Texas Children's Cancer and Hematology Center, Texas Children's Hospital, Houston, Texas, USA

Correspondence to Philip J. Lupo, One Baylor Plaza, MS: BCM622, Houston, TX 77030, USA. Tel: +1 713 798 2960; e-mail: Philip.Lupo@bcm.edu

**Curr Opin Pediatr** 2025, 37:59–66

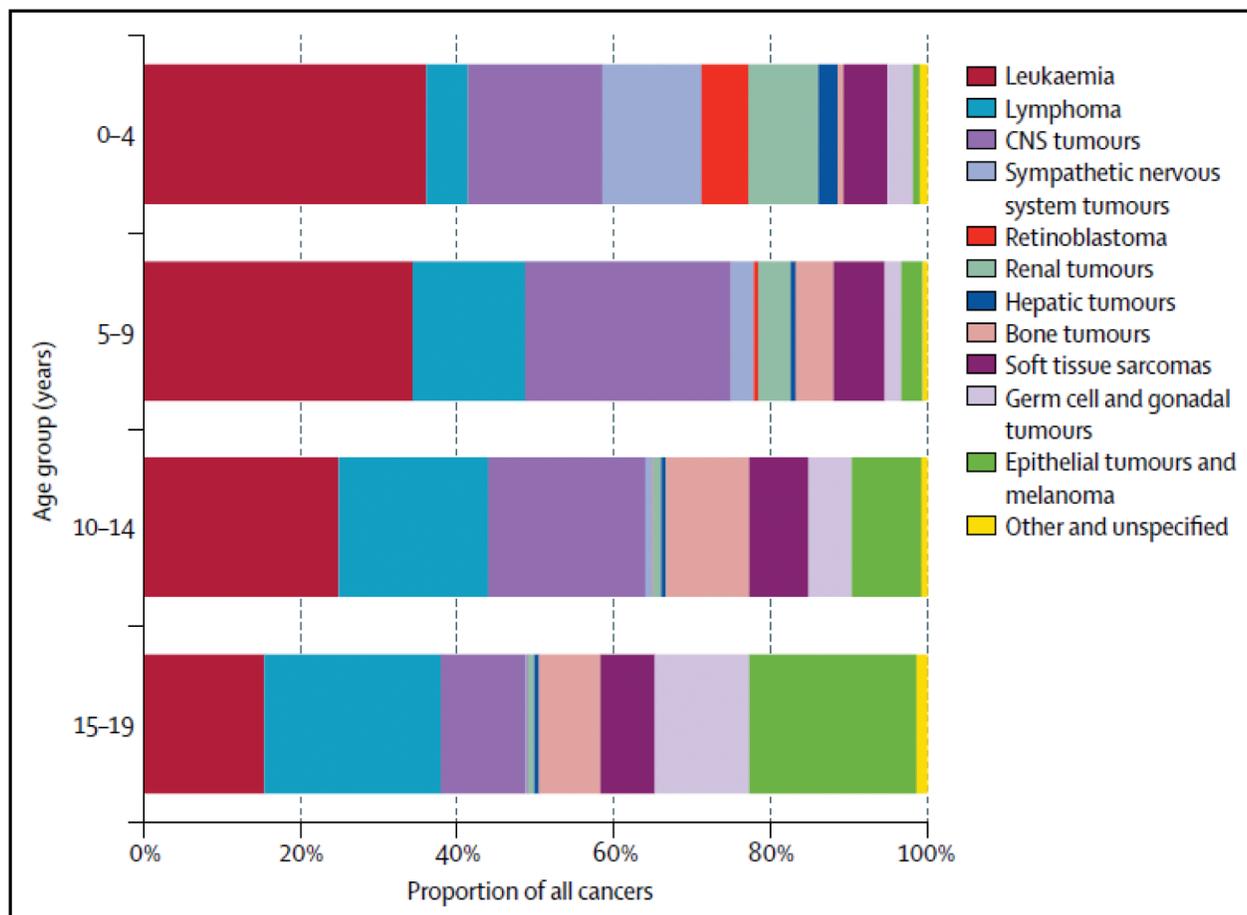
DOI:10.1097/MOP.0000000000001419

**KEY POINTS**

- The biggest progress in understanding the etiology of childhood cancers is from genome-wide association studies (GWAS), which have identified novel germline susceptibility genes, but these studies have only been conducted in 8 different types of childhood cancers.
- Long-read sequencing will improve our ability to further molecularly characterize germline and somatic variations.
- Application of metabolomics in the field of childhood cancer may lead to the identification of specific environmental exposures, window(s) of susceptibility, and insights into mechanisms.
- Collaboration to increase sample size and power to conduct analyses by histology and/or molecular subtype will accelerate our understanding of the etiology of childhood cancer.

and gonadal tumors, and epithelial tumors and melanoma are more common in adolescents (Fig. 1). In general, childhood cancer is more common in males and non-Hispanic Whites (Fig. 2) [8]. The differences in the incidence of childhood cancer by various demographic characteristics can be exploited to better our understanding of the origins of these malignancies.

Partially due to linkages with birth certificate records, medical records, and parental-reported questionnaire data, perinatal factors have been the most well studied examined in relation to the risk of childhood cancer. In fact, one of the strongest perinatal risk factors of childhood cancer is structural birth defects [9]. Structural birth defects are more commonly observed in pediatric cancers that arise during childhood compared to ones more prevalent in adolescence, suggesting that there are shared developmental pathways that are disrupted during pregnancy that increase cancer susceptibility. Despite the strong association, structural birth defects are only observed in 9% of childhood cancer cases [9].



**FIGURE 1.** Proportional distribution of cancer type by age group, previously published in Steliarova-Foucher *et al.* [2].

	ALL [21]	AML	Hodgkin lymphoma	Non-Hodgkin lymphoma	CNS tumors [10,11]**	Neuroblastoma [22]	Retinoblastoma	Wilms tumor [23]**	Hepatoblastoma	Osteosarcoma	Ewing sarcoma	Rhabdomyosarcoma	Intracranial/intraspinal GCT	Extracranial/extragonadal GCT	Gonadal GCT
<b>Demographics and Perinatal Factors</b>															
Birth weight <2500g [12]*	Green	Grey	Green	Green	Red	Red	Grey	Green	Red	Grey		Green		Grey	Green
Birth weight >4000g [12]*	Red		Red	Green	Red	Red		Red				Grey		Red	Grey
Breastfeeding [50-52]	Green	Green	Green	Green	Grey	Green		Green							
Cesarean Delivery [19]	Red	Grey			Red	Red	Grey	Red							
Cryptorchidism															Red
Family history			Red		Red							Red			Red
Increased maternal age [20]	Red	Red		Red	Red	Red		Red	Grey	Grey	Red	Red			
Large-for-gestation [13,14]	Red	Grey	Grey	Grey	Grey	Red		Red							
Male	Red	Red	Red	Red	Red	Red	Red	Grey	Red	Red	Red	Red	Red	Red	Green
Maternal vitamin use	Green	Green			Green	Green		Green							
Preterm birth [18]	Grey				Grey	Grey		Red	Red						Red
Race/ethnicity [8]	Red		Red		Red			Red	Red		Red	Red	Red		
Small-for-gestation [13,14]					Grey		Grey	Green							Green
Structural birth defects [9]	Red	Red	Red	Red	Red	Red	Red	Red	Red			Red	Red	Red	Red
<b>Environmental Risk Factors [27]*</b>															
Air pollution	Red	Red			Red	Red	Red	Red							
Infections/Allergies	Green	Green	Red	Red	Green							Red	Red	Red	Red
Electromagnetic fields	Red														
Immunodeficiency				Red											
Ionizing radiation	Red	Red			Red				Red	Red					
Parental smoking	Red	Red			Red	Red	Red	Grey	Red						
Pesticides	Red	Red	Red	Red	Red	Red	Red	Red							
Pubertal growth										Red					
<b>Genetic Risk Factors</b>															
Genetic syndromes	Red	Red	Red	Red	Red	Red		Red	Red	Red		Red		Red	Red

ALL, acute lymphoblastic leukemia; AML, acute myeloid leukemia; CNS, central nervous system; GCT, germ cell tumor

Key

Green	Decreased risk
Light Green	Suggestive decreased risk
Grey	No association
Light Red	Suggestive increased risk
Red	Increased risk
White	Not enough evidence/inconclusive

FIGURE 2. Confirmed and suggestive risk factors of childhood cancers.

Another well studied perinatal factors in relation to childhood cancer is birth weight or size for gestation with risk varying by cancer type. Notably, these two newborn measurements do not necessarily yield similar conclusions (Fig. 2). For example, low birth (<2500 g) and high birth weight (>4000 g) are associated with CNS tumors, but no association has been reported with small-for-gestation and large-for-gestation [10<sup>11,12</sup>,13,14]. While size for gestation may be more informative than birth weight alone as it accounts for gestational age, the mechanisms underlying these associations are unclear and likely differ by characteristic and the malignancy in question. Having a higher birth weight or being large for gestational age may increase risk of childhood cancer because it may reflect pregnancies with altered maternal hormones, such as growth factors, or rapid fetal growth, which may increase risk of de novo mutations – both of which could contribute to carcinogenesis [15–17].

Other perinatal and parental factors explored in relation to the risk of childhood cancer include preterm birth [18], method of delivery [19], parental age [20], and vitamin intake [10<sup>11,21,22,23</sup>]. Because there are many reasons for a preterm birth to occur [25], it is challenging to postulate mechanisms. More research is needed to parse this association by cause of the preterm birth. Infants born via cesarean delivery may have different hormonal exposures and are not exposed to the vaginal microbiome, which may increase susceptibility to certain childhood cancer (Fig. 2) [19,24]. Maternal age has also been reported to increase susceptibility [20], but because it is strongly correlated with paternal age, teasing the two apart can be challenging. In contrast, maternal vitamin intake during pregnancy and breastfeeding can reduce the risk of certain childhood cancer (Fig. 2) [10<sup>11,21,22,23</sup>,50–52].

## ENVIRONMENTAL RISK FACTORS

The potential effects of environmental exposures on childhood cancer development can occur through maternal exposures during pregnancy, paternal exposures that affect the sperm, and/or postnatal exposures. Maternal or postnatal ionizing radiation is the most well established environmental risk factor of childhood cancer, particularly for leukemia, central nervous system tumors, and osteosarcoma (Fig. 2). Despite the robust evidence, the absolute risk of early life exposure to ionizing radiation is small [26]. Several environmental exposures have been examined in relation to etiology of childhood cancer, including parental occupation, parental smoking, pesticide, air pollution, infections/allergies, and electromagnetic fields. While there is some

suggestive evidence that certain exposures, such as pesticide, air pollution, infections/allergies, may increase susceptibility [27<sup>1</sup>], additional studies are needed as the exposure assessments are not robust, specific environmental exposures have not been identified (e.g., there are over 800 different types of pesticides registered in the United States), and window(s) of susceptibility are not well established.

## GENETIC RISK FACTORS

In terms of genetic susceptibility, both rare highly penetrant variants and common variants are established risk factors for childhood cancer [28]. Interestingly, there is emerging evidence that genetic variation associated with childhood cancer may be genetically constrained (i.e., genetic variations “associated with high risk of prereproductive fatal diseases...will be subject to natural selection due to a reproductive disadvantage” [29<sup>1</sup>]). Before advancements in childhood cancer treatments, children with cancer would most likely die before reproduction, removing these pathogenetic variants from the human gene pool. It is well documented that children with known cancer predisposition genes or certain genetic syndromes (e.g., Down syndrome, neurofibromatosis, Beckwith-Wiedemann syndrome) are more likely to develop cancer. However, these predisposition genes or genetic syndromes have only been reported in approximately 10% of childhood cancers [7,30], suggesting there are additional molecular mechanisms that might contribute to risk.

Genome-wide association studies (GWAS) have been used to identify common variations that increase susceptibility to disease and have been utilized to study adult cancers. Due to multiple testing, GWAS requires large numbers of cases to identify robust single nucleotide variants (SNVs) and identified SNVs need to be confirmed in an independent study population. Given the rarity of pediatric cancers compared to adult cancers, GWAS of childhood cancers have lagged and have only been conducted for eight types: acute lymphoblastic leukemia, Langerhans cell histiocytosis (LCH), astrocytoma, medulloblastoma, neuroblastoma, Wilms tumor, osteosarcoma, and Ewing sarcoma. The sample size of these discovery cohorts has varied from 132 cases with LCH to 5321 children diagnosed with acute lymphoblastic leukemia (ALL). All these GWAS have identified at least one novel susceptibility loci (Table 1), but replication in an independent study population is still needed for some of the identified loci. Given the early age of onset compared to adult cancers, these GWAS have reported stronger magnitudes of association than those of adult cancers [31], suggesting that genetic variants may explain a

**Table 1.** Summary of genes or loci identified from genome-wide association studies of childhood cancers

Cancer	Mapped gene or locus	First author (year)	Number of cases in discovery cohort
ALL	ARID5B, IKZF1, CEBPE, CDKN2A, GATA3, BMI1, PIP4K2A, ERG, USP7, 2p16.1, 2q22.3, 5q31.1, BAK1, 6q23, 8q24.21, 9q21.31, 10q21, LHPP, ELK3, IGF2BP1, IKZF3, SP4	Papaemmanuil (2009) [53] Treviño (2009) [54] Orsi (2012) [55] Migliorini (2013) [56] Perez-Andreu (2013) [57] Xu (2013) [58] Xu (2015) [59] Archer (2017) [60] Wiemels (2018) [61] Qian (2019) [62] Qian (2019) [63] Vijayakrishnan (2019) [64] Lee (2021) [65] Jeon (2021) [66]	317–5321
Langerhans cell histiocytosis	SMAD6	Peckham-Gregory (2017) [67]	132
Astrocytoma	CDKN2B-AS1 (9p21.3)	Foss-Skiftesvik (2023) [68]	2348
Medulloblastoma	18p11.23	Dahlin (2020) [69]	244
Neuroblastoma	CASC15/NBAT-1, BARD1, LMO1, HACE1, LIN28B, DUSP12, DDX4, IL31RA, HSD17B12, RPTN, MRPS18B, LRRC45, KANSL1L, ARHGEF40, IL15RA, L1TD1, ANO7, LAMA5, OR7G2, SALL4, NEUROG2, TMEM72-AS1, CRIM1, CPZ, RSRC1, MAGI3	Maris (2008) [70] Capasso (2009) [71] Nguyen (2011) [72] Wang (2011) [73] Diskin (2012) [74] McDaniel (2017) [75] Avitabile (2020) [76] Bae (2020) [77] Testori (2022) [78]	254–2817
Wilms tumor	DLG2, DDX1, TCN2, PCBP2P3, 2p24, 11q14	Turnbull (2012) [79]	757
Osteosarcoma	GRM4, SOX11-LINC00487, ADAMTS6, ADAMTS17, FAM208B, 2p25.2	Savage (2013) [80]	941
Ewing sarcoma	CFL1P6, EGR2, LOC100131089, 1p36.22, 10q21.3, 15q15.1, 6p25.1, 20p11.22, 20p11.23	Postel-Vinay (2012) [81] Machiela (2018) [82] Lin (2020) [83]	401–733

greater proportion of the variation of childhood than adult cancers.

If childhood cancer predisposition variants are genetically constrained, it is possible that some alternations may occur *de novo*. While GWAS may identify novel loci that increases susceptibility, they do not provide information on whether the variant is *de novo* or inherited, which may inform our understanding of the biology of the cancer (e.g., penetrance of the variant) and inform genetic testing and surveillance of first-degree family members. In relation to childhood cancer, the conditions that allow *de novo* mutations to arise include increasing parental age [32,33], a suspected risk factor of childhood cancer, paternal exposures during spermatogenesis [34], or disrupted DNA repair processes [35]. Based on a paper published in 2022, four case-parent trio studies have been conducted – three on retinoblastoma and one on osteosarcoma, focusing on either

*RBI* or *TP53*, established cancer predisposition genes [36]. *De novo* mutations were identified in all four studies, suggesting that *de novo* mutations may have a larger role in the etiology of childhood cancer that has not yet been fully explored.

### LIMITATIONS OF PREVIOUS STUDIES

Because of the rarity of childhood cancer, case-control studies are commonly conducted to provide insights into etiology. While there is not robust evidence for the role of environmental risk factors on risk of childhood cancer, a major limitation of most prior studies was the assessment of the exposure, where parents were asked to recall and self-report their exposures or studies approximated exposure based on occupation. Quantifying exposure for different environmental risk factors via questionnaires is extremely challenging. Some studies have

tried to overcome those limitations by linking residential addresses (typically collected at birth or cancer diagnosis) to databases with area-based environmental data. While an objective exposure measurement can be assigned, we are limited to area-based environmental data that are available, may not have full residential address history, and the area-based environmental data may not accurately reflect individual-level exposures.

As noted, there are several different types of childhood cancer. For example, CNS tumors alone have over 100 histologies. With a limited sample size, studies may not have been able to conduct analyses by specific types of childhood cancer. The molecular characterization of childhood cancers has revealed additional heterogeneity within specific histologies. For instances, the World Health Organization classification of ALL acknowledged 10 subtypes, including *BCR::ABL1*, *ETV6::RUNX1*, hyperdiploidy, hypodiploidy, *BCR::ABL1*-like [37]. Based on RNA-sequencing or DNA methylation data, medulloblastoma has four molecular subtypes: Shh, Wnt, group 3, and group 4 – each with different proposed cell of origin [38]. These molecular characteristics have been described across various patient demographics and treatment outcomes, revealing heterogeneity based on the molecular type [39]. This suggests that etiology likely varies by molecular subtype. Most prior etiologic studies of childhood cancer did not have information on molecular characteristics to account for it in their analyses. As the field moves forward in collecting these molecular subtype information, epidemiologic studies can begin to investigate risk factors by subtype.

## LEVERAGING NOVEL TECHNOLOGIES FOR ETIOLOGIC STUDIES OF CHILDHOOD CANCER

### Metabolomics

The human metabolome reflects the interaction between the genome and environment and consists of low weight molecules from endogenous or exogenous sources [40,41]. Endogenous metabolites include are produced naturally in humans (e.g., essential nutrients, amino acids, and fatty acids), whereas exogenous metabolites are those that are not produced in the human body (e.g., environmental chemicals, drugs, food additives). Using targeted or untargeted approaches, metabolomics can measure both endogenous and exogenous chemicals simultaneously. An advantage of metabolomics is that it can capture biological response to transient exposures [40,42]. Because the etiology of childhood cancers is not well understood, untargeted

metabolomics provide an opportunity to agnostically identify biological pathways that are dysregulated in children affected by cancer to generate hypothesis-driven research questions [42]. Metabolomics can be applied to different biological matrices relevant to childhood cancer, such as newborn dried blood spots [43,44], cord blood [45], and primary teeth [46].

### Primary teeth as a novel exposure matrix

Primary teeth (also known as deciduous or baby teeth) are a novel exposure matrix that can accelerate our understanding of the role environmental exposures may have on the etiology of childhood cancer [42]. Most biological matrices such as blood, urine, and saliva, only capture metabolites at the time of collection, making retrospective measurements of exposures challenging for studying risk factors of childhood cancer. Primary teeth begin to form prenatally, mineralize in the second trimester, and grow daily through early childhood, akin to tree rings [47]. At birth, a neonatal line appears in the tooth, delineating between pre and postnatal uptake [47]. Thus, using primary teeth, exogenous and endogenous metabolites can be measured daily from the second trimester of pregnancy to early life, allowing for retrospective reconstruction of exposures, overcoming the limitations of questionnaire-based and area-based exposure assessment approaches [47].

### Long-read sequencing

GWAS studies have been performed using next-generation sequencing (NGS). The era of third generation of sequencing or long read sequencing (LRS) has arrived. Compared to NGS which uses read lengths of 150–300 bp, LRS uses much longer read lengths – an average of 15 000–20 000 bp. LRS will revolutionize our understanding of childhood cancer as this new technology can better genotype regions of the genome that have been challenging to sequence with NGS (e.g., structural variants, tandem repeats, indels), identify rare variants, characterize novel fusion genes, assemble *de novo* cancer genomes, capture the DNA methylation landscape, quantify transcriptome variation, and detect isoforms [48]. Furthermore, for DNA sequences and methylation, phasing information will be known and can be leveraged in case-parent studies to determine whether the haplotype was maternal or paternal in origin.

## CONCLUSION

In this review, we provide a brief overview of the etiology of childhood cancer. Due to multiple reasons, risk factors are not well understood. First,

power is challenging due to the rarity of disease. Collaborations across institutions and countries will increase sample size to make robust inferences, especially by histology and/or molecular subtype. A great example is the formation of the Childhood Cancer Data Initiative (CCDI), which will become a powerful resource for studying childhood cancer [49]. Second, environmental exposures are challenging to capture retrospectively. Leveraging metabolomics in early-life matrices can quantify differences to provide robust insights. Third, infrastructure and resources to support this area of research are necessary to adopt novel technologies to accelerate discoveries in the next several years. Lastly, as childhood cancer likely stems from gene-environment interactions, it will be of interest to conduct research combining molecular and environmental risk factors.

## Acknowledgements

None.

## Financial support and sponsorship

None.

## Conflicts of interest

There are no conflicts of interest.

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